2019

**Conemaugh Health System** 

**Conemaugh Memorial Medical Center** 

**Conemaugh Meyersdale Medical Center** 

**Conemaugh Miners Medical Center** 







Duke LifePoint Healthcare

Paper copies of this document may be obtained at:

Conemaugh Memorial Medical Center, 1086 Franklin Street, Johnstown, PA 15905 or by phone 800-587-5875 or via the hospital website <a href="http://www.conemaugh.org">http://www.conemaugh.org</a>

Conemaugh Meyersdale Medical Center, 200 Hospital Drive, Meyersdale, PA 15552 or by phone 800-587-5875 or via the website <a href="http://www.conemaugh.org">http://www.conemaugh.org</a>

Conemaugh Miners Medical Center, 290 Haida Avenue, Hastings, PA 16646 or by phone 800-587-5875 or via the website <a href="http://www.conemaugh.org">http://www.conemaugh.org</a>

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# Perspective—Creating a culture of health in the community



Action Cycle Source: the Robert Wood Johnson Foundation's County Health Rankings website: http://www.Countyhealthrankings.org/roadmaps/action-center

The Action Cycle shows how to create healthy communities. The rankings later in the document assist in understanding what makes a healthy community.

The Community Health Needs Assessment (CHNA) uses systematic, comprehensive data collection and analysis to define priorities for health improvement, creates a collaborative community environment to engage stakeholders, and an open and transparent process to listen and truly understand the health needs of Cambria and Somerset Counties, Pennsylvania.

This is a joint CHNA report for three hospitals that serve the same communities. The CHNA report contains the same information for each hospital, Conemaugh Memorial Medical Center, Conemaugh Meyersdale Medical Center and Conemaugh Miners Medical Center.

# Impact of 2016 CHNA and Implementation Plan

The impact of the 2016 Community Health Needs Assessment and Implementation plan has been demonstrated throughout Cambria and Somerset County.

### **Substance Abuse initiatives**

Conemaugh Health System (CHS) has implemented a warm hand off process in all three Emergency Departments in Cambria and Somerset County, increasing patient placement in treatment programs. CHS has implemented extensive education on drug addiction, high dose opioid prescriptions, infectious diseases, drug trends, prevention, treatment and law enforcement activities to staff, patients, schools and the general public.

### **Decrease Obesity/Increasing Healthy Living**

CHS continues to promote health and wellness programs internally to staff as well as to the general public. Thousands of Conemaugh Health System employees participate in our employee health and wellness programs each month. A comprehensive community outreach program has been developed and will be expanded to ensure outreach and education is occurring in all of our communities.

### Mental Health Needs

CHS continues to focus on recruitment needs for additional Psychiatrists, Psychologists, and mid-level providers to the community, as well as behavioral health nurses and support staff.

### **Access/Affordable Healthcare**

CHS continues to focus on recruitment of Primary Care and Specialty physicians. Several practices have been consolidated in order to expand hours for patient appointments. Through the addition of outpatient centers in strategic markets (Richland, Ebensburg and Somerset) with good access to major highways, CHS is working to make outpatient service more convenient and accessible throughout Cambria and Somerset County.

### Jobs/Socioeconomics

CHS has expanded promotion to the community of Conemaugh educational opportunities including the Nursing Assistant certification, Conemaugh School of Nursing and Allied Health programs, via job fairs, school districts, social media and other marketing. In addition, CHS is working collaboratively with entities such as the Chambers of Commerce, Johnstown Area Regional Industries (JARI) and other organizations to promote the region to prospective businesses.

### **Infrastructure/Best Practices**

CHS has assisted the United Way of the Laurel Highlands in promoting and updating information in the 2-1-1 telephone platform, a free and confidential service that helps people across North America find the local resources they need 24 hours a day, 7 days a week. CHS also co-sponsored a Quality of Life Summit in May 2017 and May 2019 to focus on community health needs opportunities and collaborative partnerships within Cambria County. In addition, CHS continuously communicates to its staff information on community resources available for patients.

Conemaugh Memorial, Meyersdale, Miners Medical Centers, 1889 Foundation and United Way of the Laurel Highlands as the sponsors of the assessment, engaged national leaders in community health needs assessments to assist in the project. Stratasan, a healthcare analytics and facilitation company based out of Nashville, Tennessee, provided the analysis of community health data and surveys, facilitated the focus groups, and facilitated a community health summit to receive community input into the priorities and brainstorm goals and actions the community could take to improve health.

Starting on December 31, 2019, this report is made widely available to the community via the health system website https://www.conemaugh.org/ and paper copies are available free of charge at Conemaugh Memorial

Medical Center, 1086 Franklin St., Johnstown, PA 15905 or by phone 814-543-9000, Conemaugh Meyersdale Medical Center, 200 Hospital Drive, Meyersdale, PA 15552 and at Conemaugh Miners Medical Center, 290 Haida Avenue, Hastings, PA 16646.

Conemaugh Memorial Medical Center's board of directors approved this assessment on July 30, 2019.

### **Project Goals**

- 1. To continue a formal and comprehensive community health assessment process which allows for the identification and prioritization of significant health needs of the community to assist with resource allocation, informed decision-making and collective action that will improve health.
- 2. To continue a collaborative partnership between all stakeholders in the community by seeking input from persons who represent the broad interests of the community.

"We continue the Community Health Needs Assessment to assess the health and needs of the community. This process is an affirmation of what we've been doing to improve health and has jumpstarted our next implementation plan," said Bill Caldwell, CEO Conemaugh Health System.

"The information gathered both from public health data and from community stakeholders provided the insight the community needed to set priorities for significant health issues and will be used by the community to inform and support our implementation plans," added Susan Williams, Chief Medical Officer, Conemaugh Health System.

# **Community Input and Collaboration**

### **Data Collection and Timeline**

In March 2019, Conemaugh Memorial, Meyersdale, Miners Medical Center, with 1889 Foundation and United Way began a Community Health Needs Assessment for Cambria and Somerset Counties. Input was sought from persons who represent the broad interests of the community using several methods:

- Information gathering, using secondary public health sources, occurred in March 2019.
- An online survey of community members was conducted March 17 April 28, 2019. 604 surveys were completed.
- An online survey of Conemaugh Memorial Medical Center employees and community physicians was conducted March 17 – April 29, 2019. A combined total of 499 employees and 22 physicians completed the on-line surveys.
- 16 community members representing medically underserved, low-income, minority populations, and the elderly, as well as health providers, education providers, and community advocates participated in a focus group to obtain their perspectives on community health needs and issues on April 2, 2019.
- A Community Health Summit was conducted on May 17, 2019 with 65 community stakeholders. The
  audience consisted of healthcare providers, business leaders, government representatives, schools,
  not-for-profit organizations, employers and other community members.

While this assessment was quite comprehensive, it cannot measure all possible aspects of health in the community, nor can it adequately represent all possible populations of interest. It must be recognized that these information gaps might in some ways limit the ability to assess all the community's health needs.

### **Participants**

1,200 total people participated in the surveys, focus group and/or the community health summit. Seventy individuals from forty-two community and healthcare organizations collaborated to implement a comprehensive CHNA process focused on identifying and defining significant health needs, issues, and concerns of Cambria and Somerset Counties. The three-month process centered on gathering and analyzing data as well as receiving input from persons who represented the broad interests of the community to provide direction for the community and hospital to create a plan to improve the health of the communities.

Participation in the focus group and at the Community Health Summit creating the Cambria and Somerset Counties Community Health Needs Assessment and Improvement Plan included:

In many cases, several representatives from each organization participated.

	Population Represented (kids, low income,		
Organization	minorities, those w/o access)	Participation	
1889 Foundation	Community	Focus Group, Summit	
Beginnings, Inc.	All, Children and families	Focus Group	
Cambria County Agency on Aging	Elderly	Focus Group, Summit	
Cambria County BH/ID/EI	Behavioral Health	Focus Group, Summit	
Cambria County Children and Youth Services	Children and families	Focus Group, Summit	
Cambria County Drug & Alcohol Program	Drug and Alcohol	Summit	
Cambria County Drug Coalition	Community	Focus Group, Summit	
Cambria County Transit Authority	All	Focus Group	
cambria county managements	Law enforcement, crime victims, incarcerated	, ocus croup	
Cambria District Attorney's Office	population	Summit	
Child Advocacy Center	Child victims/families	Summit	
Community Foundation for the Alleghenies	All	Summit	
and the state of t	Population health, nutrition, diabetes, maternal		
Conemaugh Health System	infant substance abuse, all	Summit	
Conemaugh Health System Board Member	All	Summit	
County Commissioner	County	Summit	
Crown American Associates	Community	Summit	
Croyle-Nielsen Therapeutic Associates	Mental/behavioral health/IDD services	Summit	
First National Bank	All	Summit	
Forest Hills School District	Children, community	Summit	
Greater Johnstown School District	Children and families, all	Focus Group, Summit	
Highland Health Free and Charitable Clinic	Medical	Focus Group, Summit	
Highmark Bluecross Blueshield	Population health	Summit	
Home Nursing Agency, UPMC Nurse Family	- Sparadion reading		
Partnership	First time moms and children 0-2 yrs.	Summit	
Johnstown Area Regional Industries	Workforce/entrepreneurs	Summit	
Johnstown Redevelopment Authority	Redevelopment	Summit	
Kongsberg Protech Systems	Manufacturing workers, business	Summit	
Laurel View Village	Elderly/aging population	Summit	
Lee Initiatives	All	Summit	
Magellan Healthcare	All	Summit	
Mayor	City/County	Summit	
National Association for the Advancement of			
Colored People/Hope for Johnson (H4J)	Low income/minorities	Summit	
Penn Highlands Community College	College students	Summit	
Richland School District	Students	Summit	
Saint Francis University	Public Health	Summit	
Saint Francis University Student	Public Health	Summit	
Somerset Single County Authority for Drug and			
Alcohol	Drug and alcohol	Focus Group, Summit	
State Representative 71st District	Community	Summit	
The Learning Camp	Kids, drug and alcohol	Focus Group	
Twin Lakes Center	Kids, drug and alcohol, prevention	Focus Group, Summit	
United Way of the Laurel Highlands	Community	Focus Group, Summit	
Veteran Community Initiatives	Veterans, family and community population	Summit	
	i ve terans, running and confinitionity population	Janning	
Windber Area School District	All	Summit	

Input of the Medically Underserved, Low-Income, and Minority Populations

Input of medically underserved, low-income and minority populations was received during the focus groups, surveys, and the Community Health Summit. Agencies representing these population groups were intentionally invited to the focus groups and summit. Additionally, the community survey was distributed through the agencies serving the low-income, medically underserved minority populations, children and families. The community survey was representative of the whole community – by age, income, and education.

### Input of those with Expertise in Public Health

Neither Cambria nor Somerset Counties have a County Health Department. Currently in Pennsylvania, there are six county and four municipal health departments.

## **Community Engagement and Transparency**

We are pleased to share the results of the Community Health Needs Assessment with the rest of the community in hopes of attracting more advocates and volunteers to improve the health of Cambria and Somerset Counties. The following pages highlight key findings of the assessment. We hope you will take the time to review the health needs of our community as the findings impact each and every citizen in one way or another; and join in the improvement efforts.

### **Community Selected for Assessment**

Cambria and Somerset Counties were the primary focus of the CHNA due to the service area of Conemaugh Memorial Medical Center, Conemaugh Meyersdale Medical Center and Conemaugh Miners Medical Center. The community includes medically underserved, low-income and minority populations who live in the geographic areas from which the medical centers draw their patients. All patients were used to determine the service area without regard to insurance coverage or eligibility for financial assistance under Financial Assistance Policies of the hospitals

# Patient Origin – 2018 Inpatient Discharges:

	Medical	Part of the second	Miners Medical Center
Cambria County	56%	0%	79%
Somerset County	23%	91%	4%

### Conemaugh Health System CHNA Service Area - 2018



Source: Conemaugh Memorial Medical Center 2018

# **Key Findings**

Based on the primary and secondary data, focus groups, and surveys the following needs were prioritized. The remainder of the document outlines the process and data.

- 1. Substance use disorder
- 2. Decrease Obesity/Increase healthy living
- 3. Mental health needs
- 4. Parental support/Youth opportunities
- 5. Access/Affordable healthcare
- 6. Jobs/Socioeconomics7. Infrastructure/best practices

### **Process and Methods:**

Both primary and secondary data sources were used in the CHNA.

Primary methods included:

- Community focus groups
- Online survey of community members
- Online survey of hospital employees and community physicians
- Community Health Summit

Secondary methods included:

- Public health data death statistics, County Health Rankings, cancer incidence
- Demographics and socioeconomics population, poverty, uninsured, unemployment
- Psychographics behavior measured by spending and media preferences

# **Demographics of the Community 2018-2023**

### **Description of the Community Served**

The table below shows the demographic summary of Cambria and Somerset Counties compared to Pennsylvania and the U.S.

	Cambria County	Somerset County	Pennsylvania	USA
Population	136,092	75,455	12,992,598	330,088,686
Median Age	45.7	46.1	41.4	38.3
Median Household Income	\$45,053	\$46,149	\$57,362	\$58,100
Annual Pop. Growth (2018-2023)	-0.71%	-0.61%	0.23%	0.83%
Household Population	56,995	30,204	5,117,327	124,110,001
Businesses	5,046	2,833	450,667	11,539,737
Employees	63,662	30,893	6,360,558	151,173,763
Medical Care Index*	82	87	100	100
Average Medical Expenditures	\$1,598	\$1,689	\$1,941	\$1,950
Total Medical Expenditures	\$91.1 M	\$51.0 M	\$9.9 B	\$242.0 B
Racial and Ethnic Make-up				
White	94%	95%	79%	70%
Black	3%	3%	11%	13%
American Indian	0%	0%	0%	1%
Asian/Pacific Islander	1%	1%	4%	6%
Other	1%	1%	3%	7%
Mixed Race	2%	1%	2%	3%
Hispanic Origin	2%	2%	8%	18%

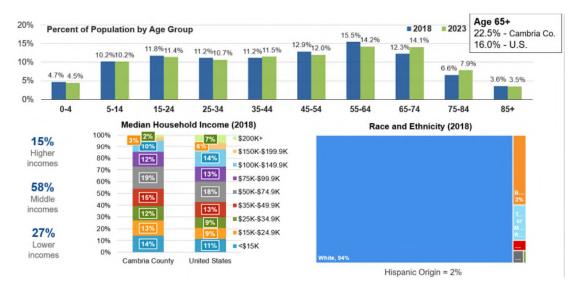
Source: ESRI

\*The Medical Care Index is household-based, and represents the amount spent out of pocket for medical services relative to a national index of 100.

The median is the value at the midpoint of a frequency. There is an equal probability of falling above or below the median.

# **Description of the Communities Served**

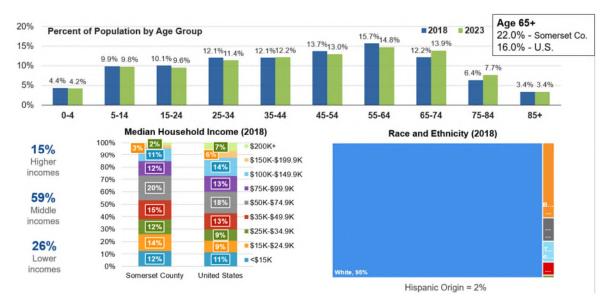
### **Cambria County**



Source: ESRI

- The population of Cambria County was projected to decrease from 2018 to 2023 (0.71% per year).
   Pennsylvania was projected to increase 0.23% per year. The U.S. was projected to increase 0.83% per year.
- Cambria County had a higher median age (45.7 median age) than PA (41.4) and the U.S. (38.3).
   Cambria County percentage of the population 65 and over was 22.5%, higher than the U.S. population 65 and over which is 16.0%.
- Cambria County had lower median household income (\$45,053) than PA (\$57,362) and the U.S. (\$58,100). The rate of poverty in Cambria County was 15.0%, which was higher than PA (12.5%) and the U.S. (13.4%).
- The household income distribution of Cambria County consists of 15% higher income (over \$100,000), 58% middle income and 27% lower income (under \$25,000).
- The medical care index measures how much the populations spent out-of-pocket on medical care services. The U.S. index was 100. Cambria County was 82, indicating 18% less spent out of pocket than the average U.S. household on medical care (doctor's office visits, prescriptions, hospital visits).
- The racial and ethnic make-up of Cambria County was 94% White, 3% Black, 2% Hispanic Origin, 2% mixed race, 1% other, and 1% Asian/Pacific Islander. (These percentages total to over 100% because Hispanic is an ethnicity, not a race.)

### **Somerset County**



Source: ESRI

- The population of Somerset County was projected to decrease from 2018 to 2023 (0.61% per year).
   Pennsylvania was projected to increase 0.23% per year. The U.S. was projected to increase 0.83% per year.
- Somerset County had a higher median age (46.1 median age) than PA (41.4) and the U.S. (38.3). Somerset County percentage of the population 65 and over was 22.0%, higher than the U.S. population 65 and over, which is 16.0%.
- Somerset County had lower median household income (\$46,149) than PA (\$57,362) and the U.S. (\$58,100). The rate of poverty in Somerset County was 12.6% which was slightly higher than PA (12.5%), but lower than the U.S. (13.4%).

- The household income distribution of Somerset County consists of 15% higher income (over \$100,000), 59% middle income and 26% lower income (under \$25,000).
- The medical care index measures how much the populations spent out-of-pocket on medical care services. The U.S. index was 100. Somerset County was 87, indicating 13% less spent out of pocket than the average U.S. household on medical care (doctor's office visits, prescriptions, hospital visits).
- The racial and ethnic make-up of Somerset County was 95% White, 3% Black, 2% Hispanic Origin, 1% mixed race, 1% other, and 1% Asian/Pacific Islander. (These percentages total to over 100% because Hispanic is an ethnicity, not a race.)

# Armistrong County Count

# 2018 Population by Census Tract and Population Change (2018-2023)

Source: ESRI

11,000 - 40,902

Yellow is positive up to the PA growth rate Green is greater than the PA growth rate Dark Green is twice the PA growth rate

Garrett County

Census tracts generally have a population size between 1,200 and 8,000 people, with an optimum size of 4,000 people.

0.47% - 22.51%

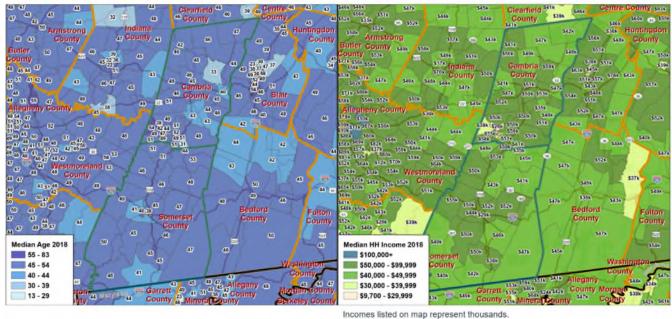
The total population within both counties varies by census tract. Both counties had census tracts ranging from 1-6,999 total population.

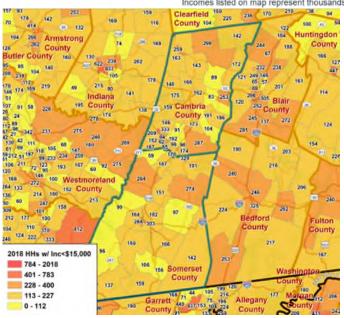
Cambria had a total population of 136,092. Cambria had the largest total population in tracts – one tract in Ebensburg (one in the east and in the north), two tracts in Johnstown, and one tract in Beaverdale.

Somerset County had a population of 75,455. Somerset County had the largest total populations in the tract in Somerset and in two tracts in the northwest region of the county.

Cambria and Somerset Counties populations were projected to decrease from 2018 to 2023, by 0.71% and 0.61% per year, respectfully. Population in all census tracts was projected to decline.

### 2018 Median Age and Income





Source: ESRI

These maps depict median age and median income by census tract. Looking at age and income by census tract is helpful to demonstrate all areas of a county are not the same. The health needs may be very different in the tract in Johnstown with a median age of 54 and a census tract in the northeast with a median age of 33. Both counties had a wide range of median ages. However, most census tracts in Cambria and Somerset Counties ranged from 45-54 median age.

Looking at median household income by census tract also gives insight into health status. The lower income areas may require more assistance than the higher income tracts. The two counties had differing median incomes by census tract. For example, the median household income in a tract in Somerset was \$29,000. The surrounding tracts had median incomes of \$44,000 and \$52,000.

Compared to other census tracts in the counties, a tract in Johnstown had the largest number of households making less than \$15,000 per year at 333. The tract had a median household income of \$26,000 and median age of 38. Two other tracts in Johnstown had median household incomes of \$21,000 and \$38,000 which were lower than the other tracts in the counties. The highest median household income in Cambria County was \$75,000 in a tract in Johnstown, West of Conemaugh Memorial Medical Center. This tract had a median age of 49.

Additionally, Cambria County's 2018 December preliminary unemployment was 4.9% and Somerset's was 5.5% compared to 4.2% for Pennsylvania and 3.9% for the U.S., which is a large decline in unemployment since 2014. These figures do not include those who have ceased looking for work and dropped out of the workforce.

### **Business Profile**

Sixty percent of employees in Cambria County were employed in:

- Health care and social assistance (15.4%)
- Other services (14.3%)
- Retail trade (12.8%)
- Education services (9.5%)
- Public Administration (8.0%)

Retail service jobs offer health insurance at a lower rate than healthcare, public administration and educational services.

Cambria County loses 2,095 net commuters per day commuting out of the county for work, with 13,636 commuting out of the county and 11,541 commuting into the county.

Fifty-seven percent of employees in Somerset County were employed in:

- Health care and social assistance (16.1%)
- Accommodation and food services (13.4%)
- Retail trade (10.6%)
- Manufacturing (8.8%)
- Other services (8.3%)

Somerset County loses 4,617 net commuters per day commuting outside the county for work, with 10,229 commuting out of the county and 5,612 commuting into the county.

Understanding the business profile of a community is essential to improving health. It is beneficial to contact people in groups to improve health. Data shows that there are three primary places people gather during the week - work, church and school, and these are three excellent places to reach people to create a culture of health.

# **Tapestry Segmentation**

Demographics are population, age, sex, and race. Psychographics are adding behavior data in the form of spending habits and survey data in addition to demographics. 55% of Cambria and Somerset Counties are included in three Tapestry Segments. The map below is color coded by LifeMode, which are groupings of Tapestry Segments that behave similarly.

The dominant Tapestry Segments in the counties were Heartland Communities (22%), Midlife Constants (17%), and Salt of the Earth (15%). The data demonstrates the dominant Tapestry Segment by census tract. Brief descriptions of the segments are included

More information on Tapestry Segments can be found at <a href="http://doc.arcgis.com/en/esri-demographics/data/tapestry-segmentation.htm">http://doc.arcgis.com/en/esri-demographics/data/tapestry-segmentation.htm</a>. Understanding the Tapestry Segments in the study area helps determine health habits and communication preferences of residents enabling more effective communication and implementation of solutions to improve health.



# LifeMode Group: Cozy Country Living

# **Heartland Communities**



Households: 2,850,600

Average Household Size: 2.39

Median Age: 42.3

Median Household Income: \$42,400

### WHO ARE WE?

Well settled and close-knit, Heartland Communities are semirural and semiretired. These older householders are primarily homeowners, and many have paid off their mortgages. Their children have moved away, but they have no plans to leave their homes. Their hearts are with the country; they embrace the slower pace of life here but actively participate in outdoor activities and community events. Traditional and patriotic, these residents support their local businesses, always buy American, and favor domestic driving vacations over foreign plane trips.



- Rural communities or small towns are concentrated in the Midwest, from older Rustbelt cities to the Great Plains.
- Distribution of household types is comparable to the US, primarily (but not the majority) married couples, more with no children, and a slightly higher proportion of singles (Index 112) that reflects the aging of the population.
- Residents own modest, single-family homes built before 1970.
- They own one or two vehicles; commutes are short (Index 82).

### SOCIOECONOMIC TRAITS

- Retirees in this market depress the average labor force participation rate to less than 60% (Index 94), but the unemployment rate is comparable to the US.
- More workers are white collar than blue collar; more skilled than unskilled.
- The rural economy of this market provides employment in the manufacturing, construction, utilities, healthcare, and agriculture industries.
- These are budget savvy consumers; they stick to brands they grew up with and know the price of goods they purchase. Buying American is important.
- Daily life is busy, but routine. Working on the weekends is not uncommon.
- Residents trust TV and newspapers more than any other media.
- Skeptical about their financial future, they stick to community banks and low-risk investments.

Natur The Indian represents the ratio of the segment rate to the US-rate multiplied by 100. Consumer professions are estimated from data by CRS MR.



# LifeMode Group: GenXurban

# Midlife Constants



Households: 3,068,400

Average Household Size: 2.31

Median Age: 47.0

Median Household Income: \$53,200

### WHO ARE WE?

Midlife Constants residents are seniors, at or approaching retirement, with below average labor force participation and above average net worth. Although located in predominantly metropolitan areas, they live outside the central cities, in smaller communities. Their lifestyle is more country than urban. They are generous, but not spendthrifts.

### **OUR NEIGHBORHOOD**

- Older homes (most built before 1980) found in the suburban periphery of smaller metropolitan markets.
- Primarily married couples, with a growing share of singles.
- Settled neighborhoods with slow rates of change and residents that have lived in the same house for years.
- Single-family homes, less than half still mortgaged, with a median home value of \$154,100 (Index 74).

### SOCIOECONOMIC TRAITS

- Education: 63% have a high school diploma or some college.
- Unemployment is lower in this market at 4.7% (Index 86), but so is the labor force participation rate (Index 91).
- Almost 42% of households are receiving Social Security (Index 141); 27% also receive retirement income (Index 149).
- Traditional, not trendy; opt for convenience and comfort, not cutting-edge. Technology has its uses, but the bells and whistles are a bother.
- Attentive to price, but not at the expense of quality, they prefer to buy American and natural products.
- Radio and newspapers are the media of choice (after television).







# Salt of the Earth



Households: 3,545,800

Average Household Size: 2.59

Median Age: 44.1

Median Household Income: \$56,300

### WHO ARE WE?

Salt of the Earth residents are entrenched in their traditional, rural lifestyles. Citizens here are older, and many have grown children that have moved away. They still cherish family time and also tending to their vegetable gardens and preparing homemade meals. Residents embrace the outdoors; they spend most of their free time preparing for their next fishing, boating, or camping trip. The majority has at least a high school diploma or some college education; many have expanded their skill set during their years of employment in the manufacturing and related industries. They may be experts with DIY projects, but the latest technology is not their forte. They use it when absolutely necessary, but seek face-to-face contact in their routine activities.

### **OUR NEIGHBORHOOD**

- This large segment is concentrated in the Midwest, particularly in Ohio, Pennsylvania, and Indiana.
- Due to their rural setting, households own two vehicles to cover their long commutes, often across county boundaries.
- Home ownership rates are very high (Index 133). Single-family homes are affordable, valued at 25 percent less than the national market.
- · Nearly two in three households are com posed of married couples; less than half have children at home.

### SOCIOECONOMIC TRAITS

- · Steady employment in construction, manufacturing, and related service industries.
- · Completed education: 40% with a high school diploma only.
- Household income just over the national median, while net worth is nearly double the national median.
- · Spending time with family their top priority.
- Cost-conscious consumers, loyal to brands they like, with a focus on buying American.
- · Last to buy the latest and greatest products.
- · Try to eat healthy, tracking the nutrition and ingredients in the food they purchase.

# Focus Group, Survey Results, Health Status Rankings and Comparisons

# **Focus Groups Results**

Sixteen community stakeholders representing the broad interests of the community as well as representing low income, medically underserved and minority populations participated in a focus group on April 2, 2019 for their input into the community's health. Community participation in the focus groups represented a broad range of interests and backgrounds. Below is a summary of the 90-minute focus group discussions.

### 1. How do you define health?

- The whole person, not just physical but spiritual, financial, emotional
- Individual and family health
- Medical, pharmaceutical, wellness, prescriptions, education, testing
- Awareness of what health is

### 2. Generally, how would you describe the community's health?

- Unhealthy
- Lacking in one area if not multiple
- Depends on the population segments- some are better off health wise and financially

### 3. What are the most important health issues facing Cambria and Somerset Counties?

- Access to care, health insurance
- High deductible health plans are too expensive
- Lack of transportation
- Substance abuse Methamphetamine and marijuana
- Healthy food and nutrition unhealthy eating habits, education, preparation
- Mental health Anxiety and coping skills, childhood trauma, schools
- Lack of personal responsibility
- Physical inactivity
- People need a different mindset on health, rewiring change of culture
- Lack of preventative treatment values, ER visits for non-emergencies

# 4. The community performed a CHNA in 2016 and identified priorities for health improvement, what has the community improved the most related to health status in 3 years?

- 1. Substance use disorder
- 2. Decrease Obesity/Increase healthy living
- 3. Mental health needs
- 4. Parental support/Youth opportunities
- 5. Access/Affordable healthcare
- 6. Jobs/Socioeconomics7. Infrastructure/best practices
  - Response to substance abuse and opioid deaths has improved over 3 years ago
  - Increase in collaboration from effected segments- law enforcement, ED processes for treatment, etc.
  - All county schools have prevention programs
  - Incorporating mental health into long-term recovery
  - Community is more sensitive to health language and stigma- a lot of people still recognize this is a problem

- Improved infrastructure
- Insurance expansion
- Increase in substance abuse treatment
- Improvement in care needed in schools/workplace

### 5. What environmental factors have the biggest impact on community health?

- Mixed weather bad winters, temperate summers
- 4 ski resorts in the area
- 3 state parks in Somerset County
- New bike trail
- Rails to Trails expanded
- Fishing
- Accessibility to free and low-cost community events
- Arts festivals, music, book festival
- Lack of activities for children
- Increase in allergies mold and allergy issues with buildings downtown

### 6. What are the barriers to improving health going forward?

- Socioeconomics- hit hard with loss of jobs
  - Health depends on which community people live in
  - o Low wage jobs
  - o Jobs that require hard work
- Lack of transportation
- Mental health lack of life skills/ coping skills social media, phones, 24-hour news cycle, negative mindsets
- People unwilling to leave their comfort zone; not comfortable with being uncomfortable
- Bad lifestyle adopted from previous generation
- Blight, poor roads, safety
- Still have silos

### 7. What community assets support health and wellbeing?

- Foundations and Not-for-profits
  - o Community Foundation for the Alleghenies
  - Lee Initiatives
  - o 1889 Foundation
  - United Way of the Laurel Highlands
- Lots of outdoor activities- hiking, biking, water sports
- Vision 2025 is doing a lot to change the county's image
- Legalized medical marijuana
- Increase in tourism
- Economic development more effort into entrepreneurs, great town to start a business
- Johnstown School Districts do great work
- Quality healthcare, Conemaugh and UPMC- excellent healthcare
- Collaboration within the county

### 8. What priority health improvement action should Cambria and Somerset Counties focus on?

- Focus on future improvement measure benchmarks
- Follow through with implementation, monitoring
- Improve collaboration for best practices in and outside community
- Inform the community about improvement initiatives
- Infrastructure and best practices- break down silos
- More support/ access to care- increase screenings
- Mental health coping skills
- Focus on improving, strengthening and engaging families
- Build community trust in programs for improvement through relationships
- Utilize pediatricians to reach children and parents
- Schools need to focus on behavioral health and parent engagement
- Some parents need to address the issues their children have, and may need assistance

# **Cambria and Somerset County Community Surveys**

### **Survey Process**

Stratasan and Conemaugh Memorial Medical Center, Conemaugh Meyersdale Medical Center, and Conemaugh Miners Medical Center conducted online community surveys via SurveyMonkey and distributed paper copies in Cambria and Somerset Counties.

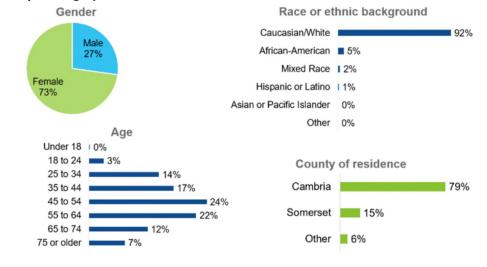
The surveys were distributed via paper (1,500), websites, and e-mail. Below are the organizations that assisted with survey distribution.

- Goodwill of the Southern Alleghenies
- Veterans Community Initiatives
- The Learning Lamp
- Greater Johnstown School District
- Cambria County Area Agency on Aging
- Beginnings, Inc.
- Highlands Health
- Christ Centered Community Church

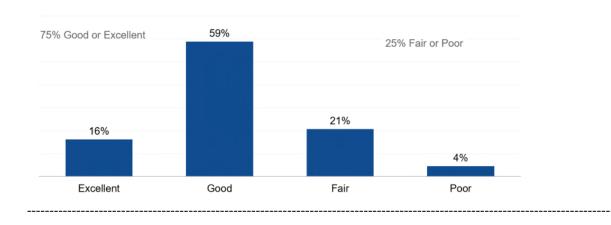
- Catholic Charities
- Community Action Partnership for Somerset
- Cambria County Behavioral Health
- Magellan Health
- Med-Van Transport
- Alliance Medical Center
- Community Action Partnership of Cambria County

The surveys were conducted from March 17, 2019 April 28, 2019 and 604 surveys were completed.

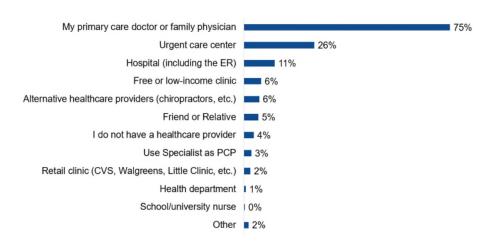
### **Survey Demographics**



### Generally, how would you describe your health?



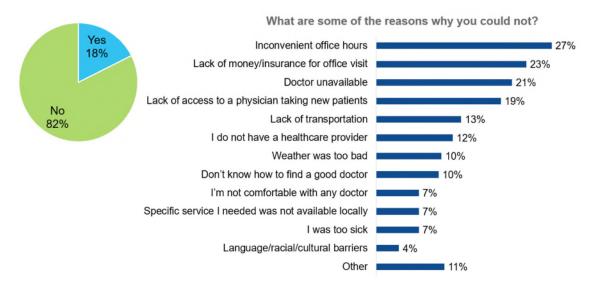
If you have one person or group you turn to for basic healthcare needs, where do you go most often?



Most people turn to primary care doctor or family physician followed by urgent care center, and the hospital for basic healthcare needs.

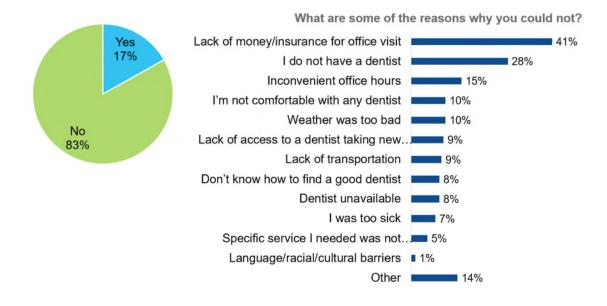
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Was there a time in the past 12 months when you needed to see a doctor but could not?



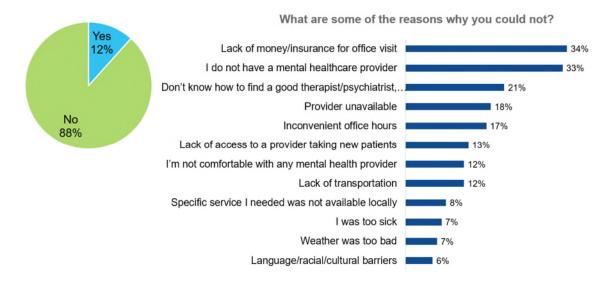
18% indicated there was a time in the last 12 months when they needed to see a doctor but could not. The primary reasons were inconvenient office hours, lack of money/insurance for office visit and doctor was unavailable.

Was there a time in the past 12 months when you needed to see a dentist but could not?



17% indicated there was a time in the last 12 months when they needed to see a dentist but could not. The primary reasons were lack of money/insurance for office visit, they do not have a dentist, and inconvenient office hours.

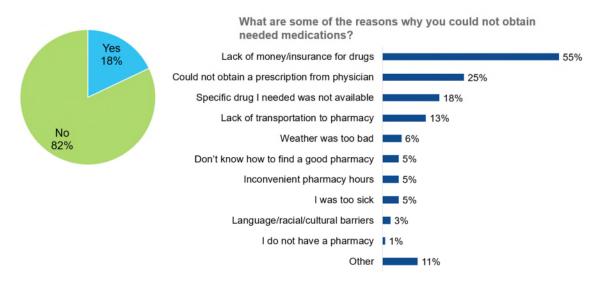
Was there a time in the past 12 months when you needed to see a mental health professional but could not?



12% indicated there was a time in the last 12 months when they needed to see a mental health professional but could not. The primary reasons were lack of money/insurance for office visit, they do not have a mental healthcare provider, and do not know how to find a good therapist/psychiatrist.

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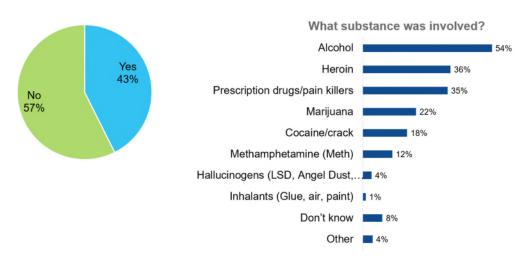
Was there a time in the past 12 months when you needed medications but could not obtain them?



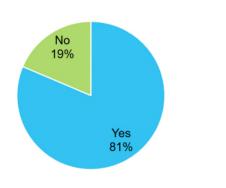
18% indicated there was a time in the last 12 months when they needed medications but could not obtain them. The primary reasons were lack of money/insurance for drugs, could not obtain a prescription from physician, and a specific drug was not available.

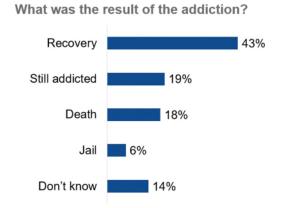
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Have you, a relative, or close friend experienced substance abuse or addiction?



If yes, was addiction treatment available?

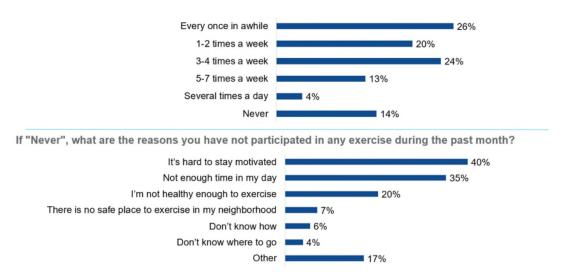




43% experienced or had a relative or close friend that experienced substance abuse or addiction. Alcohol followed by heroin and prescription drugs/pain killers were the substances most involved. Of the respondents that answered yes, 81% said addiction treatment was available. 43% of addictions resulted in recovery and 43% resulted in either continued addiction, death, or jail.

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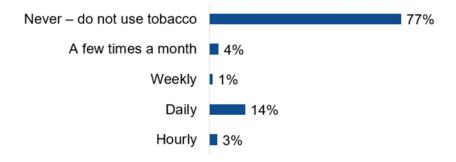
During the past month, other than on your regular job, about how often did you participate in any physical activities or exercise such as fitness?



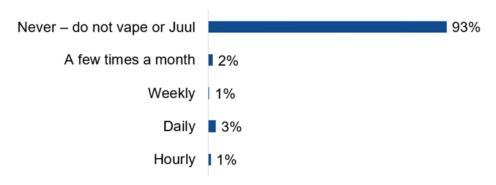
37% of respondents indicated they exercise regularly, 46% exercise 1-2 weeks times a week and every once in a while, and 14% never exercise. The primary reasons for not participating in any exercise during the past month was difficulty staying motivated, followed by not enough time in the day, and not healthy enough to exercise.

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How often do you smoke or use smokeless tobacco, if you do?



How often do you use e-cigarettes or vape, if you do?



17% of respondents smoke daily and 77% do not use tobacco. 4% of respondents vape daily and 93% don't vape.

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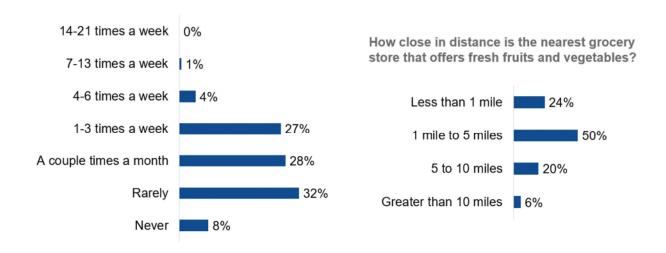
Do you have access to healthy food?



95% indicated they have access to healthy food and 49% cook or have another family member cook dinner at home 5 to 7 nights a week.

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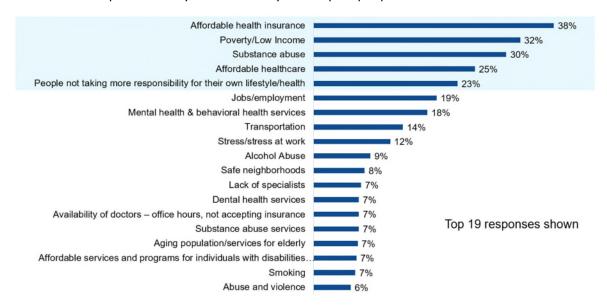
How many times a week do you eat fast food?



8% indicated they never eat fast food and 32% eat it weekly. 74% of individuals live 5 miles or less to the nearest grocery store that offers fresh fruits and vegetables.

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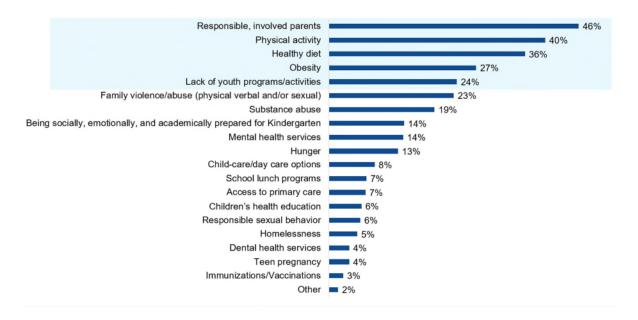
### What are the top 3 issues in your community that impact people's health?



Affordable health insurance, followed by poverty/low income, and substance abuse were identified as the top issues impacting people's health.

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In your opinion, what are the top 3 health concerns for children in your community?



Responsible/involved parents, followed by physical activity, healthy diet, and obesity were identified as the top health concerns for children in the community.

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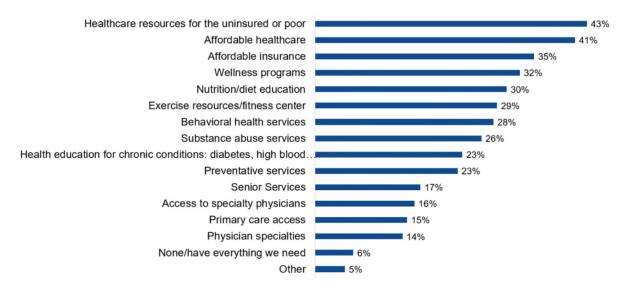
Do you feel you have all that you need to manage your health condition(s)?



21% felt that did not have what they needed to manage health condition(s). Respondents indicated they needed affordable healthcare/insurance, financial assistance, and a better support system to manage health condition(s).

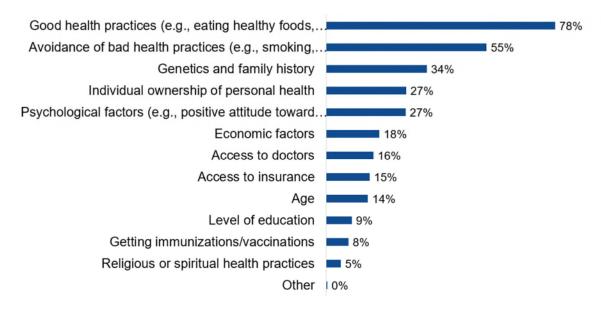
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What healthcare, health education, public health services, or programs would you like to see offered in your community?



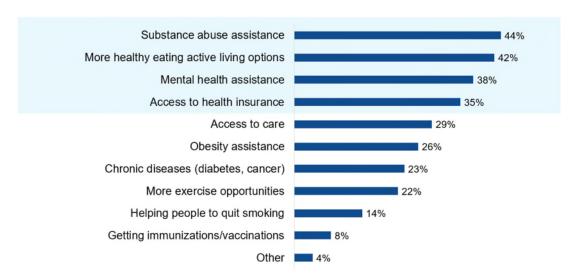
Respondents would like to see healthcare resources for the uninsured or poor, followed by affordable healthcare and insurance, and wellness programs offered in the community.

In your opinion, what are the top 3 factors that influence how healthy someone is?



Good health practices followed by avoidance of bad health practices and genetics and family history were identified as the top factors that respondents felt influence how healthy someone is.

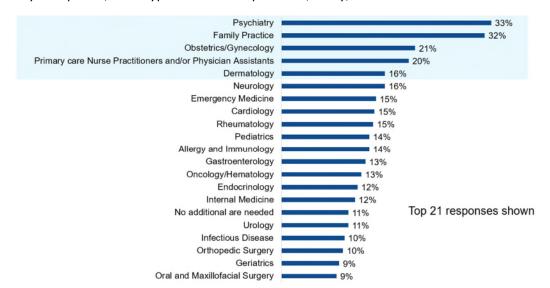
In your opinion, what are the top 3 health needs in your community?



Substance abuse assistance, followed by more healthy eating, active living options, and mental health assistance were indicated as the top health needs.

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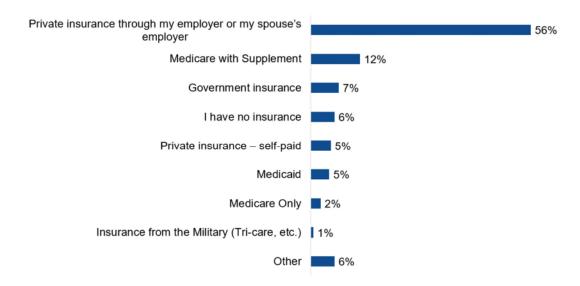
In your opinion, what types of medical specialists, if any, are most needed?



Psychiatry, family practice, and obstetrics/gynecology were identified as the most needed types of medical specialists.

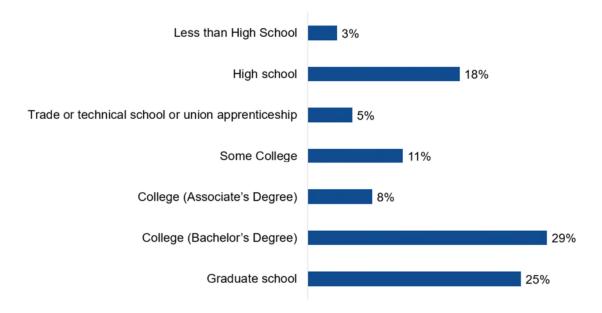
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Which of the following best describes your health insurance situation?



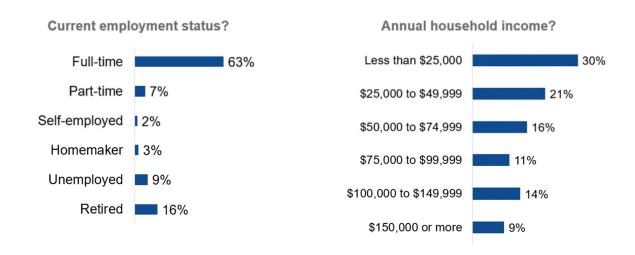
56% indicated they have private insurance through their or their spouse's employer, 12% had Medicare with supplement, 7% had government insurance, and 6% had no insurance.

What is the highest level of education that you have completed?



62% indicated they have completed college (associate's or bachelor's degree) or graduate school.

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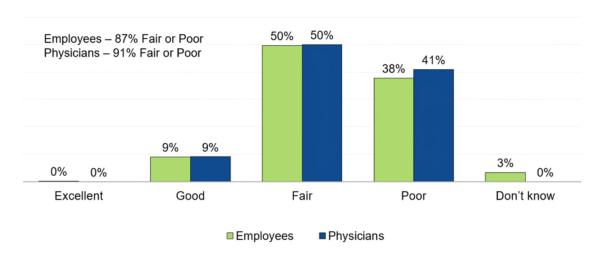
The survey skewed female and those employed full time with insurance. There were more respondents from Cambria County than Somerset County.

# **Hospital Employee and Community Physicians Survey**

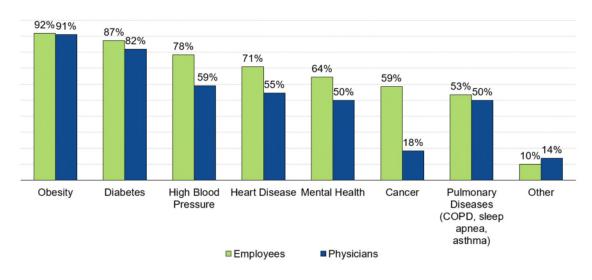
### **Survey Process**

Conemaugh Memorial Medical Center, Conemaugh Meyersdale Medical Center and Conemaugh Miners Medical Centers conducted employee and physician surveys for input regarding health of Cambria County and Somerset County. The surveys were conducted between March 17, 2019 and April 29, 2019. A combined total of 499 employees and 22 physicians completed the on-line surveys.

How would you describe the overall health status of the citizens of Cambria County and Somerset County?



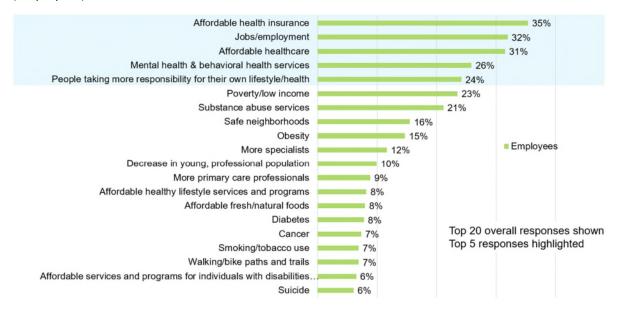
What are the most prevalent chronic diseases in your community?



Employees and providers felt that obesity, diabetes, high blood pressure and heart disease were the most prevalent chronic diseases.

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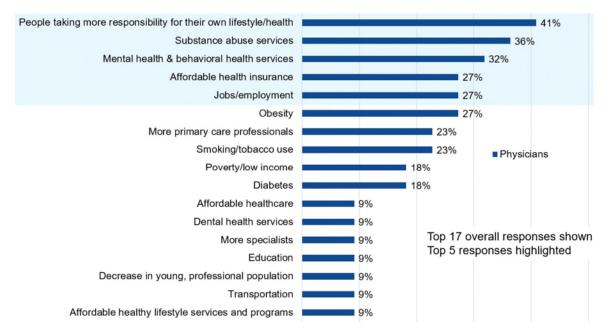
What are the top 3 issues that need to be addressed in your community that impact people's health? (Employees)



Employees felt affordable health insurance, jobs/employment, affordable healthcare, mental and behavioral health, and personal responsibility were the top issues that impact health.

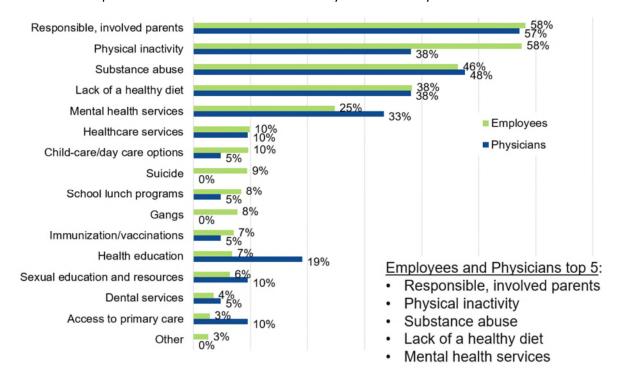
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What are the top 3 issues that need to be addressed in your community that impact people's health? (Physicians)



Providers felt personal responsibility, substance abuse services, mental and behavioral health services, affordable health insurance, jobs/employment, and obesity were the top issues that impact health.

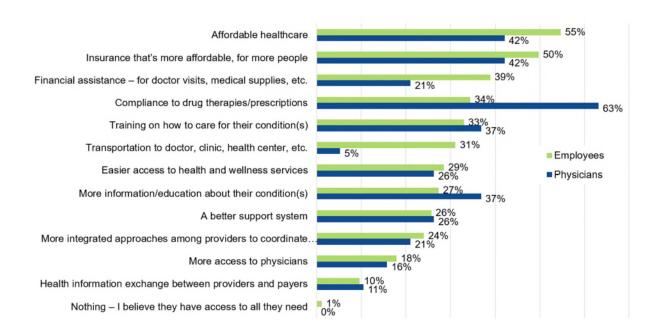




Employees and physicians top health concerns for children were responsible/involved parents, physical activity, substance abuse, lack of healthy diet, and mental health services.

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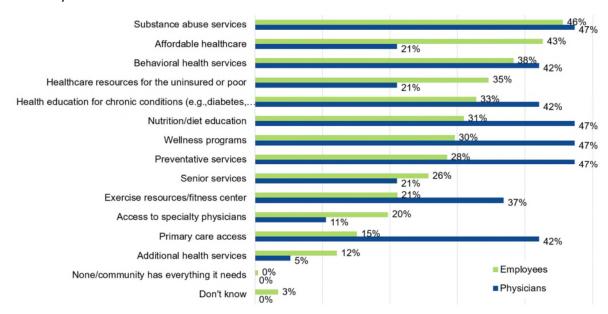
In your opinion, what are the top 3 health concerns for seniors in your community?



Employees top health concerns for seniors were affordable healthcare, followed by affordable insurance, and financial assistance. Providers top health concerns for seniors were compliance to drug therapies/prescriptions, affordable healthcare, and affordable insurance.

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What, if anything, do you think the people in the community need in order to manage their health more effectively?



Employees identified substance abuse services, affordable healthcare, and behavioral health services as the top community needs in order to manage health more effectively. Providers identified substance abuse services, nutrition/diet education, wellness programs, and preventable care as the top community needs.

#### **Health Status Data, Rankings and Comparisons**

#### **Health Status Data**

Based on the 2019 County Health Rankings study performed by the Robert Wood Johnson Foundation and the University of Wisconsin<sup>2</sup>, Cambria County ranked (where does it give a roll up overall on the website? I only see outcomes and factors) healthiest County in Pennsylvania out of the 67 counties ranked (1= the healthiest; 67 = unhealthiest), 65<sup>th</sup> for health outcomes, and 56<sup>th</sup> for health factors. Somerset County ranked 42<sup>nd</sup> healthiest county in Pennsylvania, 31<sup>st</sup> for health outcomes, and 54<sup>th</sup> for health factors.

County Health Rankings suggest the areas to explore for improvement in Cambria County were: high adult smoking, high adult obesity, low mammography screening, low flu vaccinations, high unemployment, high percentage of children in poverty, and high number of injury deaths. The areas of strength were identified as low percentage of uninsured, low ratio of primary care physicians per population, high percentage of high school graduation, and high number of social associations.

County Health Rankings suggest the areas to explore for improvement in Somerset County were: high adult smoking, high adult obesity, high percentage of uninsured, low mammography screening, low flu vaccinations, high ratio of primary care physicians per population, low percentage of adults with some college, high unemployment, and high number of injury deaths. The areas of strength were identified as low rate of sexually transmitted infections, high percentage of high school graduation, low income inequality, and high number of social associations.

When analyzing the health status data, local results were compared to Pennsylvania, the U.S. (where available), and the top 10% of counties in the U.S. (the 90th percentile). Where Cambria and Somerset Counties' results were worse than PA and U.S., groups and individuals have an opportunity to act and improve these community measures. To become the healthiest community in Pennsylvania and eventually the Nation, Cambria and Somerset Counties must close several lifestyle gaps. For additional perspective, Pennsylvania was ranked the 28<sup>th</sup> healthiest state out of the 50 states (Source: 2018 America's Health Rankings). Pennsylvania strengths were high rate of primary care physicians, low percentage of uninsured population, and low occupational fatality rate. Pennsylvania challenges were high levels of air pollution, high prevalence of frequent physical distress, and low per capita public health funding.

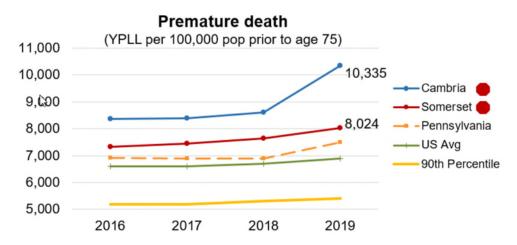
#### **Comparison of Health Status**

Information from County Health Rankings and America's Health Rankings was analyzed in the CHNA in addition to the previously reviewed information and other public health data. Other data analyzed is referenced in the bullets below, such as: causes of death, demographics, socioeconomics, consumer health spending, focus groups, and surveys. Data for Pennsylvania, the U.S. or the top 10% of counties (90th percentile) were used as comparisons when available. If a measure was better than Pennsylvania, it was identified as a strength, and where an indicator was worse than Pennsylvania, it was indicated an opportunity for improvement. To prevent strengths from becoming opportunities for improvement, it's important to continually focus on them. Opportunities were denoted with red symbols, and strengths were denoted with green stars for easy interpretation. The years displayed on the County Health Rankings graphs show the year the data was released. The actual years of the data are contained in the source notes below the graphs.

#### Health Outcomes (Length of Life and Quality of Life)

Health outcomes are a combination of length of life and quality of life measures. Cambria County ranked 65<sup>th</sup> and Somerset County ranked 31<sup>st</sup> in health outcomes out of 67 Pennsylvania counties.

Length of life was measured by years of potential life lost per 100,000 population prior to age 75, lower is better. For example, if a 25-year-old is killed in an accident, that is 50 years of potential life (YPLL) lost prior to age 75. Cambria County ranked 66<sup>th</sup> in length of life in PA. Cambria County lost 10,335 years of potential life per 100,000 population which is higher than PA and the U.S. Somerset ranked 40<sup>th</sup> in length of life in PA. Somerset lost 8,024 YPLL per 100,000 population, higher than PA and the U.S.



Source: County Health Rankings; National Center for Health Statistics - Mortality File 2015-2017

#### Leading Causes of Death: Age-Adjusted Death Rates per 100,000

Cause of Death	Cambria County	Somerset County	Pennsylvania	US
Heart diseases	198.5	194.7	176.0	165.0
Cancer	169.6	150.6	161.0	152.5
Respiratory Diseases	40.1	44.3	37.1	49.4
Accidents (Unintentional Injuries)	120.5	96.8	70.2	40.4
Stroke	36.9	26.2	36.5	37.6
Alzheimer's Disease	26.4	36.3	21.7	31.0
Diabetes	21.0	54.5	21.0	21.5
Influenza and Pneumonia	19.5	15.8	14.6	14.3
Suicide	19.3	***	15.0	14.0
Kidney Disease	20.7	22.0	15.9	13.0

Source(s): Wonder CDC.gov (2018) Age-adjusted rates per 100,000 population. Multiple years were combined for each county to calculate reliable use rates. Cambria and Somerset Counties, PA and US data from 2017. Rates that appear in red for a county denote a higher value compared to state data. Age Adjustment Uses 2000 Standard Population.

#### \*\*\* denotes unreliable use rates.

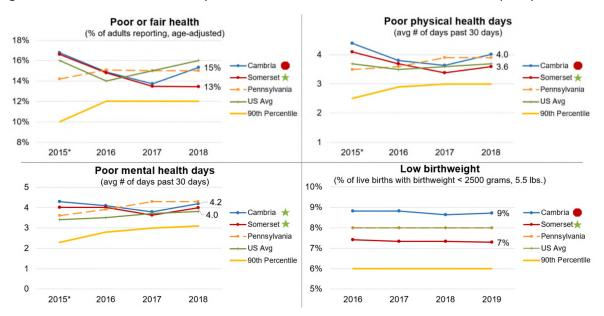
Red areas had death rates higher than PA. The leading causes of death in Cambria and Somerset Counties were heart disease followed by cancer, comparable to PA and the U.S. All measured causes of death except

for diabetes were higher in Cambria County than PA. All measured causes of death except cancer and stroke were higher in Somerset County than PA.

In the following graphs, an asterisk (\*) indicates a change in the BRFSS survey calculations of results. 2016 forward cannot be compared to prior year results.

#### **Quality of Life**

Quality of life was measured by: % reporting fair or poor health, the average number of poor physical health days and poor mental health days in the past 30 days, and % of live births with birthweight less than 2500 grams, or 5.5 lbs. Cambria County ranked 64<sup>th</sup> and Somerset ranked 25<sup>th</sup> in PA for quality of life.



Source: County Health Rankings; Behavioral Risk Factor Surveillance System (BRFSS) 2016 Source: County Health Rankings: National Center for Health Statistics – Natality files (2011-2017)

#### **Quality of Life STRENGTHS**

- Cambria County had a lower death rate for diabetes than PA and the U.S.
- Somerset County had lower death rates for cancer and stroke than PA and the U.S.
- Somerset County (13%) had a lower percentage of adults reporting poor or fair health than PA (16%) and the U.S. (15%).
- Somerset County had a lower average number of poor physical health days in the past 30 days, 3.6 days, than PA (3.7) and the U.S. (3.9).
- Cambria and Somerset Counties had a lower number of poor mental health days in the past 30 days than PA at 4.2 and 4.0.
- Somerset County had a lower percentage of low birthweight babies at 7% than PA and the U.S. both at 8%.

#### **Quality of life OPPORTUNITIES**

 Cambria County and Somerset County had higher years of potential life lost prior to age 75 than PA and the U.S.

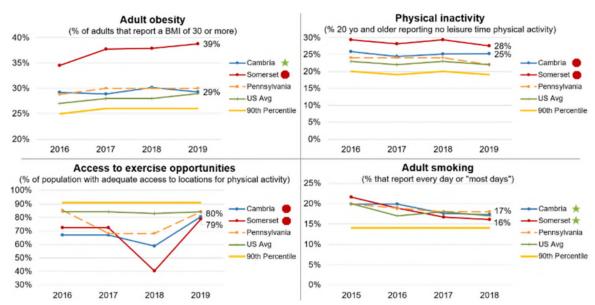
- Cambria County had higher death rates than PA for heart disease, cancer, respiratory diseases, accidents, stroke, Alzheimer's Disease, influenza and pneumonia, suicide and kidney disease.
- Somerset County had higher death rates than PA for heart disease, respiratory diseases, accidents, Alzheimer's Disease, diabetes, influenza and pneumonia, and kidney disease.
- Cambria County percentage of adults reporting poor or fair health was 15%, the same as the U.S., but higher than PA (16%).
- Cambria County had a higher average number of poor physical health days in the past 30 days(4.0 days)than PA (3.7) and the U.S. (3.9).
- Cambria County had a higher percentage of low birthweight babies at 9% than PA and the U.S., which are both at 8%.

#### **Health Factors or Determinants**

Health factors or determinants rankings are comprised of measures related to health behaviors (30%), clinical care (20%), social & economic factors (40%), and physical environment (10%). Cambria County ranked 56<sup>th</sup> and Somerset County ranked 54<sup>th</sup> out of 67 Pennsylvania counties.

#### **Health Behaviors**

Health behaviors are made up of nine measures and account for 30% of the county rankings. Cambria County ranked 50<sup>th</sup> and Somerset County ranked 51<sup>st</sup> out of 67 counties in Pennsylvania.



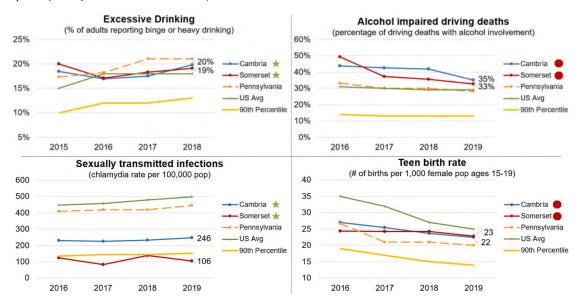
Source: Obesity, physical inactivity - County Health Rankings; CDC Diabetes Interactive Atlas based on responses to BRFSS and Census Bureau's population estimates program, 2015 Source: Access to exercise opportunities - County Health Rankings; ArcGIS Business Analyst, Delorme map data, Esri and U.S. Census Tigerline Files, 2010 and 2018. Measures the percentage of individuals in a County who live reasonably close to a location for physical activity, defined as parks or recreational facilities (local, state national parks, gyms, community centers, YMCAs, dance studios and pools based on SIC codes) Source: Smoking - County Health Rankings; Behavioral Risk Factor Surveillance System (BRFSS), 2016

#### Reason for Smoking Ranking

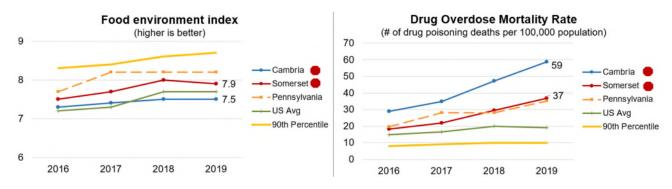
Each year approximately 480,000 premature deaths can be attributed to smoking.[1] Cigarette smoking is identified as a cause of various cancers, cardiovascular disease, and respiratory conditions, as well as low birthweight and other adverse health outcomes. Measuring the prevalence of tobacco use in the population

can alert communities to potential adverse health outcomes and can be valuable for assessing the need for cessation programs or the effectiveness of existing programs.

[1] U.S. Department of Health and Human Services. The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014[accessed 2018 Feb 22].[2] Nelson DE, Holtzman D, Bolen J, Stanwyck CA, Mack KA. Reliability and validity of measures from the Behavioral Risk Factor Surveillance System (BRFSS). Soz Praventivmed. 2001;46:S3-S42.



Source: Excessive drinking - County Health Rankings; Behavioral Risk Factor Surveillance System (BRFSS), 2016 Source: Alcohol-impaired driving deaths - County Health Rankings; Fatality Analysis Reporting System, 2013-2017 Source: STIs - County Health Rankings; National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention, 2016 Source: Teen birth rate — County Health Rankings; National Center for Health Statistics — Natality files, 2011-2017

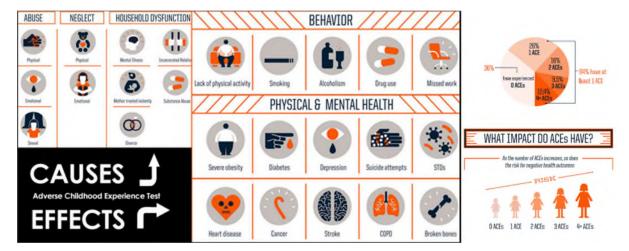


Source: County Health Rankings; USDA Food Environment Atlas, Map the Meal Gap from Feeding America, 2015 & 2016; CDC WONDER mortality data, 2015-2017

The food environment index is a comprised of the percent of the population with limited access to healthy foods and percent of the population with food insecurity. Limited access to foods estimates the percent of the population who are low income and do not live close to a grocery store. Food insecurity is the percent of the population who did not have access to a reliable source of food during

#### **Adverse Childhood Experiences (ACEs)**

Abuse, neglect and household dysfunction have the effect of poor health behaviors as well as poor physical and mental health. The more ACEs a child has, the higher risk they are for poor outcomes.



#### **Health Behaviors STRENGTHS**

- Adult obesity in Cambria County was 29%, the same as the U.S., but slightly lower than PA, which is 30%. However, given the dangers of obesity the percentage should be lower. Obesity in Pennsylvania and the U.S. continue to rise, putting people at increased risk of chronic diseases including: diabetes, kidney disease, joint problems, hypertension and heart disease. Obesity can cause complications in surgery and with anesthesia. Obesity has been implicated in Alzheimer's Disease and often leads to metabolic syndrome and Type 2 diabetes.
- Adult smoking was lower in Cambria (17%) and Somerset (16%) Counties than PA at 18%.
- Sexually transmitted infections measured by chlamydia rate per 100,000 population were lower in Cambria County (246) and Somerset County (106) than PA (445) and the U.S. (497). Somerset County was lower than the top 10% of counties in the U.S. (153).
- 20% of Cambria County and 19% of Somerset County reported binge or heavy drinking, which is lower than PA at 21%, but higher than the U.S. at 18%.

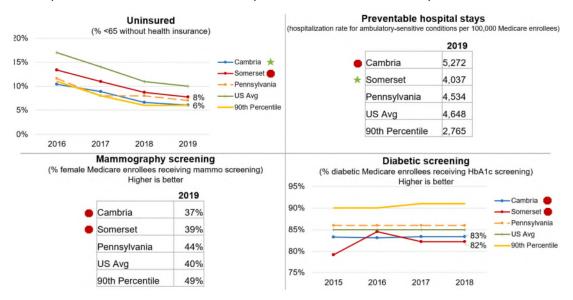
#### **Health Behaviors OPPORTUNITIES**

- Adult obesity in Somerset County was 39%, higher than PA at 30%, and the U.S. at 29%. Since 2016, the obesity trend has increased in Somerset County. Obesity puts people at increased risk of many chronic diseases and complications.
- Physical inactivity was higher in Cambria County (25%) and Somerset County (28%) than PA and the U.S. both at 22%.
- Access to exercise opportunities in Cambria County was 80% and 79% in Somerset County, lower than PA and the U.S. both at 84%.
- Alcohol impaired driving deaths were higher in Cambria (35%) and Somerset (33%) Counties than PA (28%) and the U.S. (29%). However, the trend in both counties has decreased since 2016.
- The teen birth rate in Cambria County was 22 births per 1,000 female population ages 15-19. In Somerset County the teen birth rate was 23. Both Counties were higher than PA which is 20, but lower than the U.S. which is 25.

- The drug overdose mortality rate in Cambria County was 59 drug poisoning deaths per 100,000 population and 37 in Somerset County. Both Counties were higher than PA at 35 the U.S. at 19 drug positioning deaths. The rate in both counties has significantly increased since 2016.
- The food environmental index was lower in Cambria (7.5) and Somerset (7.9) Counties than PA (8.2).

#### **Clinical Care**

Clinical care ranking is made up of seven indicators, and accounts for 20% of the county rankings. Cambria County ranked 45<sup>th</sup> and Somerset County ranked 58<sup>th</sup> out of 67 Pennsylvania counties in clinical care.

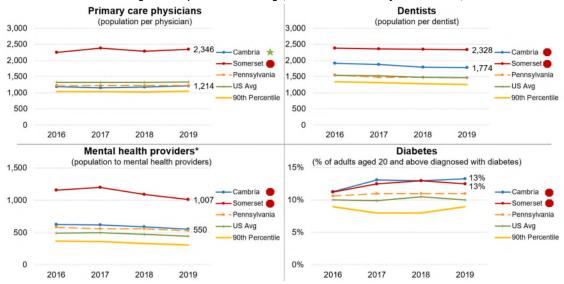


Source: Uninsured - County Health Rankings; Small Area Health Insurance Estimates, 2016

Source: Preventable hospital stays, mammography screening – County Health Rankings, CMS Mapping Medicare

Disparities Tool, 2016

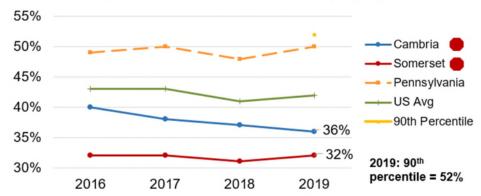
Source: diabetic screening - County Health Rankings; Dartmouth Atlas of Health Care, Medicare claims data, 2016



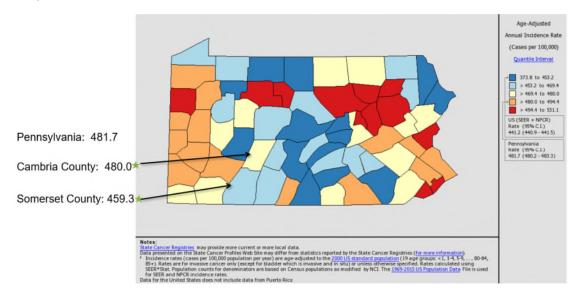
Source: Pop to PCP - County Health Rankings; Area Health Resource File/American Medical Association, 2016

Source: Pop to Dentists - County Health Rankings; Area Health Resource File/National Provider Identification file, 2017 Source: Pop to mental health provider (psychiatrists, psychologists, licensed clinical social workers, counselors, marriage and family therapists and advanced practice nurses specializing in mental health) County Health Rankings; CMS, National Provider Identification, 2018

Flu Vaccines
(% of Medicare enrollees vaccinated per year)



Source: The Centers for Medicare & Medicaid Services Office of Minority Health's Mapping Medicare Disparities (MMD) Tool, 2016



#### **Clinical Care STRENGTHS**

- The percent of the population under sixty-five without health insurance was 6% in Cambria County, which was lower than PA at 7% and the same as the 90th percentile.
- Preventable hospital stays in Somerset County were 4,037 per 100,000 Medicare enrollees which was lower than PA (4,534) and the U.S. (4,648).
- The population per primary care physician was lower in Cambria County (1,214) than PA (1,230) and the U.S. (1,330).
- The cancer incidence rates in Cambria and Somerset Counties were 480.0 and 459.3 cases per 100,000 population, lower than PA (481.7 cases).
- The focus group indicated quality healthcare as a strength.

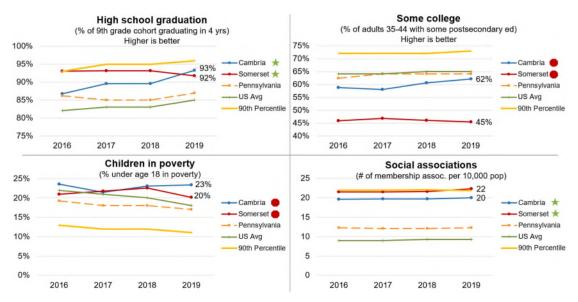
#### **Clinical Care OPPORTUNITIES**

- The percent of the population under sixty-five without health insurance was 8% in Somerset County, which was higher than PA at 7%.
- Preventable hospital stays in Cambria County were 5,272 per 100,000 Medicare enrollees, higher than PA (4,534) and the U.S. (4,648).

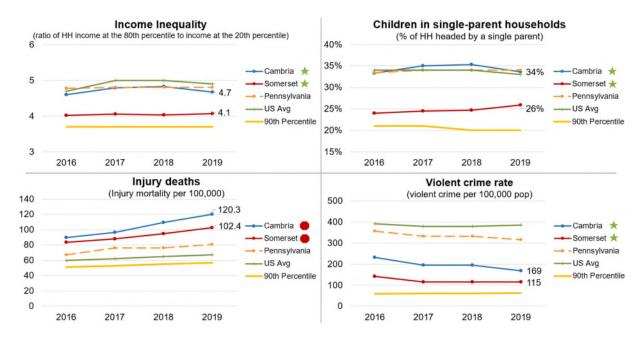
- The percent of female Medicare enrollees receiving mammography screening was 37% in Cambria County and 39% Somerset County, lower than PA at 44% and the U.S. at 40%.
- The percent of diabetic Medicare enrollees receiving diabetic screening was 83% in Cambria County and 82% in Somerset County, lower than PA at 85% the U.S. at 86%.
- The population per primary care physician was higher in Somerset County than PA and the U.S. at 2,346.
- The population per dentist was higher in Cambria and Somerset Counties than PA and the U.S. (confusing if numbers are the counties or PA & US
- The population per mental health provider was higher in Cambria and Somerset Counties than PA and the U.S.
- The percentage of adults with diabetes was 13% in both Cambria and Somerset Counties, higher than PA (10%) and the U.S. (11%).
- The percent of Medicare enrollees receiving flu vaccines per year was lower in Cambria and Somerset Counties at 36% and 32% than PA at 50% and the U.S. at 42%.
- The focus group indicated an opportunity in access to care and insurance.

#### **Social and Economic Factors**

Social and economic factors account for 40% of the county rankings. There are eight measures in the social and economic factors category. Cambria County ranked 54<sup>th</sup> and Somerset County ranked 48<sup>th</sup> out of 67 Pennsylvania counties.



Source: High School graduation – County Health Rankings; PA Dept of Public Instruction, 2016-2017 Source: Some college - County Health Rankings; American Community Survey, 5-year estimates, 2013-2017. Source: Children in poverty - County Health Rankings; U.S. Census, Small Area Income and Poverty Estimates, 2017 Source: Social associations - County Health Rankings; County Business Patterns, 2016



Source: Income inequality and children in single-parent households - County Health Rankings; American Community Survey, 5-year estimates 2013-2017. Source: Injury deaths — County Health Rankings; CDC WONDER mortality data, 2013-2017. Source: Violent crime - County Health Rankings; Uniform Crime Reporting — FBI, 2014 & 2016

#### Social and Economic Factors STRENGTHS

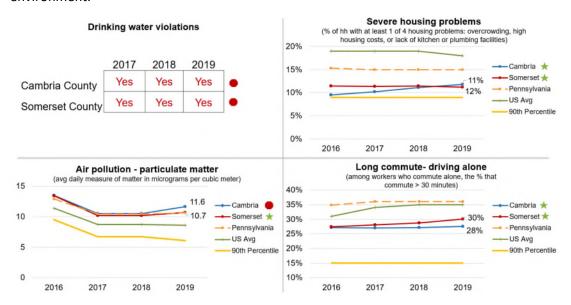
- High school graduation was higher in Cambria and Somerset Counties at 93% and 92% than PA at 87% and the U.S. at 85%.
- Social associations were higher in Cambria County at 20 and Somerset County at 22 memberships per 10,000 population than PA at 12 and the U.S. at 9 memberships. Associations include membership organizations such as civic organizations, bowling centers, golf clubs, fitness centers, sports organizations, religious organizations, political organizations, labor organizations, business organizations, and professional organizations.
- Income inequality represents the ratio of household income at the 80th percentile compared to income at the 20th percentile. Income inequality was lower in Cambria and Somerset Counties at 4.7 and 4.1 than PA and the U.S. both at 5.
- The percentage of children in single-parent households was 26% in Somerset County and 34% in both Cambria County and PA.
- The violent crime rate in Cambria and Somerset Counties at 169 and 115 violent crimes per 100,000 population were lower than in PA at 315 and the U.S. at 386.

#### **Social and Economic Factors OPPORTUNITIES**

- The children in poverty rate were higher in Cambria (23%) and Somerset (20%) Counties than PA (17%) and the U.S. (18%).
- 62% of Cambria County and 45% of Somerset County adults had some postsecondary education which was lower than PA (64%) and the U.S. (65%).
- Injury deaths in Cambria and Somerset Counties at 120.3 and 102.4 per 100,000 population were higher than PA at 81 and the U.S. at 67. Injury Deaths have increased in both counties since 2016.
- The median household income in Cambria County at \$45,053 and Somerset County at \$46,149 were lower than PA at \$57,362 and the U.S. at \$58,100.

#### **Physical Environment**

Physical environment contains four measures in the category and accounts for 10% of the County rankings. Cambria County ranked 54<sup>th</sup> and Somerset County ranked 35<sup>th</sup> out of 67 Pennsylvania counties in physical environment.



Source: Drinking water violations – County Health Rankings; EPA, Safe Drinking Water Information System, 2017. Source: Severe housing problems – County Health Rankings; HUD Comprehensive Housing Affordability Strategy data, 2011-2015. Source: Driving alone to work and long commute – County Health Rankings: American Community Survey, 5-year estimates, 2013-2017. Source: Air pollution – County Health Rankings: CDC National Environmental Health Tracking Network, 2014

#### **Physical Environment STRENGTHS**

- Cambria (11%) and Somerset (12%) Counties had a lower percentage of severe housing problems than PA (15%) and the U.S. (18%).
- Air pollution measured by the average daily measure of matter in micrograms per cubic meter was 10.7 in Somerset County, lower than PA at 11, but higher than the U.S. at 9.
- 28% of workers in Cambria County and 30% of workers in Somerset County who commute alone commute over 30 minutes which was lower than PA (36%) and the U.S. (35%).

#### **Physical Environment OPPORTUNITIES**

- Cambria and Somerset Counties both had drinking water violations.
- The average daily measure of matter in micrograms per cubic meter was 11.6 in Cambria County, higher than PA at 11 and the U.S. at 9.

## Four Broad Themes that Emerged in the Process:

- Cambria and Somerset Counties need to create a "Culture of Health" which permeates throughout
  the towns, employers, churches, and community organizations to engender commitment to health
  improvement.
- There is a direct relationship between health outcomes and affluence (income and education). Those with the lowest income and education generally have the poorest health outcomes.
- While any given measure may show an overall good picture of community health, subgroups such as the lower income census tracts may experience lower health status measures.
- It will take a partnership with a wide range of organizations and citizens pooling resources to meaningfully impact the health of the community. However, the counties have many assets to improve health.

# Results of the CHNA: Community Health Summit Prioritized Health Needs, Goals and Actions

#### **Most Significant Community Health Needs**

Representatives from The United Way of the Laurel Highlands, 1889 Foundation and Conemaugh Health System reviewed the results of the surveys and public data to identify focus areas for opportunities.

This committee compared the data against the list of health needs identified in 2016 (prioritized based on the below criteria of scale, seriousness and feasibility) and the 2019 planning team and subcommittee determined this list still held true.

Magnitude / scale of the problem	How big is the problem? How many people does the problem affect, either actually or potentially? In terms of human impact, how does it compare to other health issues?
Seriousness of Consequences	What degree of disability or premature death occurs because of this problem? What would happen if the issue were not made a priority? What is the level of burden on the community (economic, social or other)?
Feasibility	Is the problem preventable? How much change can be made? What is the community's capacity to address it? Are there available resources to address it sustainably? What's already being done, and is it working? What are the community's intrinsic barriers and how big are they to overcome?

Due to the many initiatives already underway in the community, it was determined to continue to focus on the previously identified community health needs from the 2016 CHNA survey, which are:

- 1. Substance abuse
- 2. Decrease obesity/increase healthy living
- 3. Mental health needs
- 4. Parental support/youth opportunities
- 5. Access/affordable healthcare
- 6. Jobs/socioeconomics
- 7. Infrastructure/best practices

## **Community Health Summit: Community Health Goals and Actions Brainstorming**

At the health summit, the participants organized into groups to discuss the significant health needs and Additional ideas for the community to improve outcomes, including:

#### 1. Substance abuse

- Intervention/treatments for pregnant women to reduce drug exposed infants
- Increase recovery peer support and support for families of addicts
- Increase outreach to schools
- Drug court in Cambria County
- Outpatient treatment in jail
- Youth education, prevention in elementary schools, use social media to reach kids
- Address vaping in youth
- Focus on self-esteem and self-worth/ role model behavior
- Parental education or warning signs
- Earlier intervention
- Capitalize on number of social groups/clubs, social interaction and support
- Capitalize on church and clergy
- Education –address alcohol norms that are unhealthy
- Maternal addiction support program coming
- Collaborative effort, intensify stigma reduction efforts, increase honesty and accountability
- Collaborate on awareness and education
- Increase community involvement, overall awareness (both addictions and services available)
- More recovery events
- Education on marijuana many unclear on damaging perceptions on marijuana as a drug and a medicine

#### 2. Decrease obesity/increase healthy living

- Increase support groups, education, incentives
- Increase Farmer's Markets to encourage healthy eating in small communities
- Healthy food choices at school, increase backpack programs with healthy choices
- Build healthy initiatives/challenges into the workplace/for employers
- Flip the incentive model for health insurance
- With so many families cooking at home, have more programs/publicity for nutritional meals
- Simplify the message- walk around the block, count your steps

- Physician recommendations to include physical activity
- Data indicated motivation as an area of opportunity
- Work with companies that have on-site gyms
- Exercise at senior centers
- Portion size reduction in restaurants
- Promotion of existing youth activities
- Calorie counts mandated on all menus
- Biggest loser competition
- Fundraiser for health programming
- More family education and family-oriented physical activities (both adults & kids together)
- Work with families juggling life and offer incentives through work or insurance
- Flip the incentive model instead of saying this is your insurance rate, and if you don't do these things insurance will go up instead of doing these things your rates will go down
- Quit focusing on being obese and promote being healthy
- Infuse diet and health classes in schools, prevent schools from cutting gym

#### 3. Mental health needs

- Child psychiatrist
- More mental health support services needed
- More education and training needed for support
- Fight the stigma public education, open dialogue, more people seek help
- Engage schools- mental health programming
- Be more preventative, earlier treatment
- Social supports, support groups
- Peer connections physical activity
- Concerns about marijuana and misperceptions
- Healthy kids running series
- Adult Johnstown running club
- Telemedicine to help breaking down barriers
- Project Echo reduce stigma, incentives for silos to be reversed, incentivize collaboration financially, use a neutral facilitator to encourage collaboration
- 211 expansion and increase awareness
- Botvin LifeSkills not just saying no to drugs but youth resilience decision-making, friendship, unique self
- Increase education of services available

#### 4. Parental support/youth opportunities

- Increase quality of day care
- Three month waiting list for subsidized day care
- Increase access for more families
- Increase transportation- help parents who are trying to be engaged, to sports/extracurricular activities
- Fundraise for financial support for organized sports fees
- More community programs for kids that are free
- Increase awareness of existing youth activities

- Build awareness of existing programs- education of parental support
- Positive peer, role model structure
- Johnstown block parties in low income units
- Girl and Boy scouts in low income units
- 4-H

#### 5. Access/affordable healthcare

- Improve transportation access
- Increase grocery delivery
- More education/outreach needed for general public about what is available, services, resources
- Increase employer understanding of RDI
- Providing health insurance not just an expense but healthy employers = higher quality/growth/profits
- Partner with current clinics
- DOH office to be more engaged
- Education for the middle class on health insurance opportunities and savings (high deductible)
- OK with PCPs, but need more access to specialist services

#### 6. Jobs/Socioeconomics

- Social media, television, radio, newspapers (local and small community) media campaign to identify and expand information about all new businesses and activities in the community
- Keep aligning training with high priority projected needs
- Promote vocational education
- Continue to offer job fairs
- There are jobs, 1,400 locally, but trouble passing drug tests, others refuse
- Need help to ease people off government assistance
- Public transportation
- Daycare in the evenings and overnight
- Provide awareness of jobs available and what employers need
- Educational programs to line skills up with employer needs
- Benefits cliff eliminated taper benefits gradually, fix the benefits cliff
- Promote the positive attributes our communities have to offer
- More information on technical schools and trade schools
- Empowerment class to boost confidence and build skills
- Recovery to work programs

#### 7. Infrastructure/best practices

- Internet, cell phone- affordable access
- Independent tracking/database of family needs to avoid duplication and increase efficiency
- Effective communication channels of available services
- Collaborate at every opportunity
- Unified priorities
- Use most effective approach that meets needs and is cost effective

Participants were also asked if they disagreed with any of the significant health needs identified. Their responses are below.

- No (x2)
- Jobs are available (+1,000 jobs unfilled in Cambria County) Employers turning to automation to fill orders while people say not jobs available. Attitude and skills problem/disconnect.
- Lack of awareness not necessarily lack of youth activities.
- There are a ton of youth activities available, maybe more free opportunities

## **Community Asset Inventory**

# Community Health Needs Assessment Cambria County & Somerset County, PA December, 2019



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## Cambria County & Somerset County, PA Community Asset Inventory

#### Start with 2-1-1

2-1-1 is a FREE, accessible, 3-digit telephone number available to everyone. All residents have easy access to customized health, housing and human services information in one place.

The following is a list of many of the assets in our communities to address the community health issues identified and prioritized through the Community Health Needs Assessment process.

## Geography

#### **Cambria County**

#### **Cities**

Johnstown

## **Boroughs**

- Ashville
- Brownstown
- Carrolltown
- Cassandra
- Chest Springs
- Cresson
- Daisytown
- Dale
- East Conemaugh
- Ebensburg (county seat)
- Ehrenfeld
- Ferndale
- Franklin
- Gallitzin
- Hastings

Geistown

- Lilly
- Lorain
- Loretto
- Nanty-Glo
- Northern Cambria
- Patton

- Portage
- Sankertown
- Scalp Level
- South Fork
- Southmont
- Summerhill
- Tunnelhill
- (partly in Blair County)
- Vintondale
- Westmont
- Wilmore

## **Townships**

- Adams
- Allegheny
- Barr
- Blacklick
- Cambria
- Chest
- Clearfield
- Conemaugh
- Cresson
- Croyle
- Dean
- East Carroll
- East Taylor
- Elder
- Gallitzin
- Jackson
- Lower Yoder
- Middle Taylor
- Munster
- Portage
- Reade
- Richland
- Stonycreek
- Summerhill
- Susquehanna
- Upper Yoder
- Washington
- West Carroll
- West Taylor
- White

## **Census-designated places**

- Beaverdale
- Belmont
- Blandburg
- Colver
- Dunlo
- Elim
- Mundys Corner
- Oakland
- Revloc
- Riverside
- Salix
- Sidman
- Spring Hill
- St. Michael
- University of Pittsburgh (Johnstown)
- Vinco

## **Unincorporated communities**

- Coupon
- Flinton
- New Germany
- Twin Rocks

## **Somerset County**

## **Boroughs**

- Addison
- Benson
- Berlin
- Boswell
- Callimont
- Casselman
- Central City
- Confluence
- Garrett
- Hooversville
- Indian Lake
- Jennerstown
- Meyersdale
- New Baltimore
- New Centerville
- Paint
- Rockwood
- Salisbury

- Seven Springs
- Shanksville
- Somerset (county seat)
- Stoystown
- Ursina
- Wellersburg
- Windber

## **Townships**

- Addison
- Allegheny
- Black
- Brothersvalley
- Conemaugh
- Elk Lick
- Fairhope
- Greenville
- Jefferson
- Jenner
- Larimer
- Lincoln
- Lower Turkeyfoot
- Middlecreek
- Milford
- Northampton
- Ogle
- Paint
- Quemahoning
- Shade
- Somerset
- Southampton
- Stonycreek
- Summit
- Upper Turkeyfoot

## **Somerset County Census-designated places**

- Cairnbrook
- Davidsville
- Edie
- Friedens
- Jerome

## **Unincorporated communities**

- Acosta
- Deal
- Gray

- Jenners
- Markleton
- Springs

## Governments

#### **Cambria County**

For the most current listing of local elected officials, visit: <a href="https://www.cambriacountypa.gov/">https://www.cambriacountypa.gov/</a>

#### **Cambria County Commissioners**

Thomas C. Chernisky, Chairman

William Smith

Mark Wissinger

#### **Cambria County Court House**

200 S Center St

Ebensburg, PA 15931

(814) 472-5440

cambriacountypa.gov

## Other Cambria county offices

District Attorney, Kelly Callihan

Clerk of Courts, Susan Kuhar

Controller, Ed Cernic Jr.

Coroner, Jeffrey Lees

Prothonotary, Debbie Martella

Recorder of Deeds, Ray Wendekier

Register of Wills, Patty Sharbaugh

Sheriff, Bob Kolar

Treasurer, Lisa Kozorosky

## **Somerset County**

For the most current listing of local elected officials, visit: <a href="http://www.co.somerset.pa.us/">http://www.co.somerset.pa.us/</a>

#### **Somerset County Commissioners**

Gerald Walker, Chairman

James T. Yoder

John P. Terlingo

## Other Somerset County offices

Clerk of Courts, Rose Svonavec

District Attorney, Lisa Lazzari-Strasiser

Coroner, Wallace Miller

Prothonotary, Angie Svonovec

Recorder of Deeds, Patricia Peifer

Register of Wills, Sharon Ackerman

Sheriff, Bradley D. Cramer

Treasurer, Donna Schmitt

Auditors - Jerry Lyons, JoAnne Walls, Susan Dabbs

## **Business and Industry**

Cambria County Industrial Development Corporation 650 Industrial Park Road Ebensburg, PA 15931 (814) 472.7420

Cambria Regional Chamber 416 Main Street Johnstown, PA 15901 (814) 536-5107

## Eastern Cambria Chamber of Commerce, Inc.

210 Laurel Ave Cresson, PA 16630 (412) 463-8636

## Johnstown Area Regional Industries Inc

245 Market Street, Suite 200 Johnstown, PA 15901 (814) 535-8675

## Meyersdale Area Merchants Association, Inc

135 Center St Meyersdale, PA 15552 (814) 634-0451

## **Somerset County Chamber of Commerce**

601 N Center Ave Somerset, PA 15501 (814) 445-6431

#### **Industrial Parks**

- Cambria County Industrial Park in Ebensburg, PA
- Johnstown Industrial Park, (Richland) Johnstown, PA
- Somerset Industrial Park East of Somerset, PA

## **Major Employers**

#### **Cambria County**

Conemaugh Health System

**State Government** 

**Cambria County** 

Wal-Mart Associates Inc

Saint Francis University

**DLP Conemaugh Physician Practices** 

University of Pittsburgh

**Concurrent Technologies Corp** 

Sheetz Inc

**Laurel Technologies** 

Cambria Care Center

#### **Somerset County**

**State Government** 

Seven Springs Mountain Resort Inc

Somerset Hospital

**Somerset County** 

Windber Hospital Inc

Somerset Area School District

**CVS PA Distribution Inc** 

Wal-Mart Associates Inc

Somerset Trust Co

Somerset Welding & Steel Inc

Wheeler Brothers Inc

## **Media Outlets**

Forever Media 109 Plaza Dr Johnstown, PA 15905 (814) 255-9522

Fox 8 News 1450 Scalp Avenue Johnstown, PA 15904 (814) 266-8088

Johnstown Tribune Democrat 425 Locust St Johnstown, PA 15901 (814) 532-5102

Mainline Newspapers 975 Rowena Dr Ebensburg, PA 15931 (814) 472-4110

New Republic Newspaper 145 Center St Meyersdale, PA 15552 (814) 634-8321

Somerset Daily American 334 W Main St Somerset, PA 15501 (814) 444-5900

WCRO AM Radio 1230 1091 Broad St Johnstown, PA 15906 (814) 533-5533

WJAC-TV 49 Old Hickory Lane Johnstown, PA 15905 (814) 255-7600

WQZS 93.3 128 Hunsrick Road Meyersdale, PA 15552 (814) 634-9111

# **Cambria County Churches and Religious Organizations**

Buckhorn Bible Church	136 Colonel Drake Hwy	Ashville, PA 16613	(814) 943-6031
Garman Church of God	2405 Chestnut Ave	Barnesboro, PA 15714	(814) 948-7450
Goodridge Church of God	626 Goodridge Rd	Barnesboro, PA 15714	(814) 948-6111
Immaculate Concptn BVM Cath Church	3711 Campbell Ave	Barnesboro, PA 15714	(814) 948-9193
North End Assembly of God Church Inc	2305 Philadelphia Ave	Barnesboro, PA 15714	(814) 948-8021
Prince of Peace Church	811 Chestnut Ave	Barnesboro, PA 15714	(814) 948-6842
Saint Mary's Ukrainian Catholic	3713 Campbell Ave	Barnesboro, PA 15714	(814) 378-7688
St John Baptist Byzantine Catholic Church	719 Chestnut Ave	Barnesboro, PA 15714	(814) 948-8242
Beaverdale United Methodist Church	601 Cameron Ave FL 1	Beaverdale, PA 15921	(814) 487-4644
Christian Missionary Alliance	1192 Beaver Run Ave	Beaverdale, PA 15921	(814) 487-5851
Holy Spirit Catholic Church	802 Cameron Ave	Beaverdale, PA 15921	(814) 487-5653
Belsano United Methodist Church	3752 Ben Franklin Hwy	Belsano, PA 15922	(814) 749-9712
Blandburg United Methodist Church	165 Skyline Dr	Blandburg, PA 16619	(814) 687-4298
Saint Benedict Rectory	100 Main St	Carrolltown, PA 15722	(814) 344-6548
Saint Benedict School	119 S Church St	Carrolltown, PA 15722	(814) 344-6512
St Benedict Roman Catholic Church	108 S Main St	Carrolltown, PA 15722	
Saint Agnes Church	143 Railroad St	Cassandra, PA 15925	(814) 736-8314
St Monica's Catholic Church	3037 Colornal Drake Hwy	Chest Springs, PA 16624	(814) 674-3712
Holy Family Catholic Church	321 Sugar St	Colver, PA 15927	(814) 748-7054
Conemaugh First United Methodist	414 1st St	Conemaugh, PA 15909	(814) 539-2592
Conemaugh Grace Brethren Church	115 Oak St	Conemaugh, PA 15909	(814) 479-2790
Mt Sinai Baptist Church	115 Cambria St	Conemaugh, PA 15909	(814) 539-1770
Sacred Heart Parish Rectory	219 Oak St	Conemaugh, PA 15909	(814) 535-2698
Saint John Baptist Orthodox Church	427 1st St	Conemaugh, PA 15909	(814) 539-8613
The Church of The Transfiguration	340 2nd St	Conemaugh, PA 15909	(814) 535-2250
Victory in Jesus Ministries Fellowship	225 2nd St	Conemaugh, PA 15909	(814) 539-1205
Christian Missionary Alliance Church	908 4th St	Cresson, PA 16630	(814) 886-2257
Cresson United Methodist Church Inc	619 5th St	Cresson, PA 16630	(814) 886-2807
Cresson Youth Organization	419 Penn Ave	Cresson, PA 16630	(814) 886-7716
Faith Christianand Missionary Alliance Church Inc	908 4th St	Cresson, PA 16630	
Faith Mountain	110 Webster Hill Rd	Cresson, PA 16630	
Father Paul Robine	21 Country Club Rd	Cresson, PA 16630	(814) 471-1455
Presbyterian Church	515 3rd St	Cresson, PA 16630	(814) 886-4340

Saint Aloysius Catholic Church	7911 Admiral Peary Hwy	Cresson, PA 16630	(814) 886-2235
Saint Aloysius Social Hall	7911 William Penn Hwy	Cresson, PA 16630	(814) 886-2388
Sister of Mercy, Dallas Regional Community of America	105 Apple Dr	Cresson, PA 16630	(814) 886-4912
Sisters of The Sacred Heart	866 Cambria St	Cresson, PA 16630	(814) 886-4223
St Francis Xavier Inc	211 Powell Ave	Cresson, PA 16630	(814) 886-2374
Dunlo United Methodist Church	163 Donahoe St	Dunlo, PA 15930	(814) 487-5675
St Augustine Church	803 Saint Augustine Rd	Dysart, PA 16636	(814) 674-8550
1St United Methodist Church of Ebensburg	100 E Highland Ave	Ebensburg, PA 15931	(814) 472-7923
Believers Fellowship	551 Cambria Ave	Ebensburg, PA 15931	(814) 471-1897
Carmelite Community of The Word	218 W Lloyd St	Ebensburg, PA 15931	(814) 472-9457
Charles R Davis Jr	206 Maplebrook Rd	Ebensburg, PA 15931	(814) 419-8079
Church of The Nazarene	713 E Crawford St	Ebensburg, PA 15931	(814) 472-2232
Crossroads Alliance Church Inc	1296 N Center St	Ebensburg, PA 15931	(814) 472-2650
Donald T Rainey Rev	224 N Center St	Ebensburg, PA 15931	(814) 471-6806
Ebensburg Presbyterian Church	200 N Center St	Ebensburg, PA 15931	(814) 472-6920
First Baptist Church of Ebensburg	372 Tanner St	Ebensburg, PA 15931	(814) 472-8996
First Christian Church	405 W High St	Ebensburg, PA 15931	(814) 472-6373
First United Church Christ Education Center	217 E High St	Ebensburg, PA 15931	(814) 472-7156
Grace Church	223 N West St	Ebensburg, PA 15931	
Holy Name School	500 N Julian St	Ebensburg, PA 15931	(814) 472-7244
Lakeside Community Church	1006 Rowena Dr	Ebensburg, PA 15931	(814) 472-4672
Zion Elton United Methodist Church	1089 Mt Airey Dr	Elton, PA 15934	(814) 266-1512
Crossroads Bible Church	743 Ridge Rd	Fallentimber, PA 16639	(814) 687-3530
Fiske United Methodist Church	699 Market St	Fallentimber, PA 16639	(814) 687-3829
Hollentown Assembly of God	749 Executive Dr	Fallentimber, PA 16639	(814) 687-3539
Beaver Valley United Methodist Church	1768 Beaver Valley Rd	Flinton, PA 16640	
Carmelite Community	394 Bem Rd	Gallitzin, PA 16641	(814) 886-4098
Little Sisters of Jesus	347 Tunnelhill St	Gallitzin, PA 16641	(814) 886-4679
Our Lady of Czestochowa	616 Church St	Gallitzin, PA 16641	(814) 886-4203
St Demetrius Parish	811 Church St	Gallitzin, PA 16641	(814) 886-7941
Mount Zion Lutheran Church	1597 Executive Dr	Glasgow, PA 16644	(814) 687-4048
Roseland Christian Fellowship	1225 Roseland Rd	Glasgow, PA 16644	(814) 687-3453
Cross Cut Church, Inc.	280 Beaver St	Hastings, PA 16646	(814) 247-8255
Hastings United Methodist Church	162 4th Ave	Hastings, PA 16646	(814) 247-8111
Humble Heart Life Ministries	834 Number Nine Rd	Hastings, PA 16646	(814) 247-8645

Saint Bernards Rectory	Beaver St APT 2	Hastings, PA 16646	(814) 247-6558
Bethel A M E	180 New St	Johnstown, PA 15901	(814) 536-1599
Faith Christian Fellowship	198 William Penn Ave	Johnstown, PA 15901	
First Cambria Ame Zion	409 Haynes St	Johnstown, PA 15901	(814) 536-7545
First Lutheran Church	415 Vine St	Johnstown, PA 15901	(814) 536-7521
First Presbyterian Church	309 Lincoln St	Johnstown, PA 15901	(814) 536-8141
First United Methodist Church	436 Vine St Ste 102	Johnstown, PA 15901	(814) 539-2633
Franklin Street United Methodist Church	510 Locust St	Johnstown, PA 15901	(814) 535-8288
Heavenly Sent Ministries, Incorporated	752 Menoher Blvd	Johnstown, PA 15901	
Jefferson Memorial First Born Church	325 William Penn Ave	Johnstown, PA 15901	(814) 536-3857
Johnstown Grace Brethren Church	535 Napoleon St	Johnstown, PA 15901	(814) 539-7815
Memorial Baptist Church	210 Vine St	Johnstown, PA 15901	(814) 535-1859
Mount Sinai Holly Church Amer	314 William Penn Ave	Johnstown, PA 15901	(814) 539-2766
Saint John Gualbert Cathedral	117 Clinton St	Johnstown, PA 15901	(814) 536-0117
Shiloh Baptist Church	639 Menoher Blvd	Johnstown, PA 15901	(814) 535-2319
Spirit Life Ministries Inc	198 William Penn Ave	Johnstown, PA 15901	
St John The Baptist Ukranian Catholic Church	606 Maple Ave Ste 616	Johnstown, PA 15901	(814) 535-2634
St Mark's Episcopal Church	335 Locust St	Johnstown, PA 15901	(814) 535-6797
St Mary Green Orthodox Church	435 Somerset St	Johnstown, PA 15901	(814) 535-5056
Trinity Asbury United Methodist Church	628 Somerset St	Johnstown, PA 15901	(814) 539-5852
Trinity United Methodist Church	111 Willow St	Johnstown, PA 15901	(814) 539-1388
Western Pennsylvania United	510 Locust St	Johnstown, PA 15901	(814) 361-2464
Zion Lutheran Church	613 Locust St	Johnstown, PA 15901	(814) 535-2050
Beulah United Methodist Church	716 Bedford St	Johnstown, PA 15902	(814) 539-0532
Christian Moxham Church	636 Cypress Ave	Johnstown, PA 15902	(814) 288-3031
Grace Assembly of God	598 Ash St	Johnstown, PA 15902	(814) 539-6351
Grove Avenue United Methodist Church	501 Grove Ave	Johnstown, PA 15902	(814) 539-8684
Holy Cross National Catholic Church	534 Woodland Ave	Johnstown, PA 15902	(814) 539-3749
Homestead Av United Methodist Ch	101 Homestead Ave	Johnstown, PA 15902	(814) 536-3990
Moxham Church of Brethren Inc	536 Grove Ave	Johnstown, PA 15902	(814) 539-7807
Moxham Lutheran Church	500 Park Ave	Johnstown, PA 15902	(814) 539-8664
Oakland United Methodist Church	1504 Bedford St	Johnstown, PA 15902	(814) 269-3678
Park Ave United Methodist Church	700 Park Ave	Johnstown, PA 15902	(814) 288-4725
Pelton, Ronald	160 Village St	Johnstown, PA 15902	(814) 539-2357
Pilgrim Church of God In Christ	108 Poplar St	Johnstown, PA 15902	(814) 535-7039
Robert R Wagner	512 Park Ave	Johnstown, PA 15902	(814) 532-6069

Saint Barnabas Catholic Church	408 Luzon Ave	Johnstown, PA 15902	(814) 539-6213
Saint Gregory Church	120 Boltz St	Johnstown, PA 15902	(814) 536-6818
Saint Paul's United Ch Christ	145 Ohio St	Johnstown, PA 15902	(814) 536-3008
Second Brethren Church Inc	179 Bond St	Johnstown, PA 15902	(814) 288-6115
Second Presbyterian Church	565 Park Ave	Johnstown, PA 15902	(814) 536-1192
St James Baptist Church	400 Pine St	Johnstown, PA 15902	(814) 535-7150
St Matthew's Anglican Church	1601 Brier Ave	Johnstown, PA 15902	(814) 418-7066
St Patrick's Church Rectory	609 Park Ave	Johnstown, PA 15902	(814) 539-2186
St Patrick's School	625 Park Ave	Johnstown, PA 15902	(814) 361-2000
St Vincent De Paul	301 Central Ave	Johnstown, PA 15902	(814) 535-4357
St Patrick's Convent	617 Park Ave	Johnstown, PA 15902	(814) 539-1649
Trinity Lutheran Church	600 Ash St	Johnstown, PA 15902	(814) 536-5213
Trinity of Johnstown LLC	739 Grove Ave	Johnstown, PA 15902	
Truth Connect	2056 Frankstown Rd	Johnstown, PA 15902	(814) 539-9518
Walnut Grove Ch of Brethren	1068 Bedford St	Johnstown, PA 15902	(814) 536-1811
Works of Deliverance Fellowship	550 Park Ave	Johnstown, PA 15902	(814) 536-0215
Allegheny Mennonite Conference	1259 Scalp Ave	Johnstown, PA 15904	(814) 266-5094
Arbutus Church of Brethren	1201 Erickson Dr	Johnstown, PA 15904	(814) 266-7404
BCK Ministry & Worship Center	1723 Scalp Ave	Johnstown, PA 15904	(814) 467-0707
Belmont UMC	107 Coldren St	Johnstown, PA 15904	(814) 266-3964
Bethany United Methodist Church	112 Leventry Rd	Johnstown, PA 15904	(814) 266-9588
Church of Christ	2783 Bedford St	Johnstown, PA 15904	(814) 266-2840
Covenant Life International Inc	3380 Elton Rd	Johnstown, PA 15904	(814) 266-3307
Faith Chapel Ind Baptst	730 Sunberry St	Johnstown, PA 15904	(814) 269-2236
Gospel Tabernacle of The Christian Missi	100 Arbutus Ave	Johnstown, PA 15904	(814) 266-8011
Greater Grace Ministries In Johnstown	601 Lamberd Ave	Johnstown, PA 15904	
Greater Johnstown Christian Fellowship	3429 Elton Rd	Johnstown, PA 15904	(814) 266-8426
Jehovah's Witnesses	404 Walters Ave	Johnstown, PA 15904	(814) 266-7688
Liberty Grace Brethren Church	1081 Tener St	Johnstown, PA 15904	(814) 266-6994
Locust Grove Church of The Brethren Inc	1421 Clapboard Run Rd	Johnstown, PA 15904	(814) 539-6826
Mt Calvery Lutheran Church	1000 Scalp Ave	Johnstown, PA 15904	(814) 266-4859
Mt Carmel Cemetry Assoc	104 Devon Dr	Johnstown, PA 15904	(814) 266-4573
Pennsylvania Christian Camp	115 McMinn St	Johnstown, PA 15904	(814) 262-0784
Popia Power Prayer In America	210 Industrial Park Rd	Johnstown, PA 15904	
Saint Benedict Church	2310 Bedford St	Johnstown, PA 15904	(814) 266-9718
Streets, Ray Rev	425 Luther Rd RR	Johnstown, PA 15904	(814) 266-4117

The Church of Jesus Christ of Latter-Day Saints	1775 Regal Dr	Johnstown, PA 15904	(814) 269-4652
Trinity Presbyterian Church In America	268 Hostetler Rd	Johnstown, PA 15904	(814) 269-3947
University Park Church of God	4070 Elton Rd	Johnstown, PA 15904	(814) 266-4023
B Keck	126 Marshall Ave	Johnstown, PA 15905	(814) 288-1722
Beth Sholom Congregation	700 Indiana St	Johnstown, PA 15905	(814) 536-0647
Centennial United Methodist Church	RR 4	Johnstown, PA 15905	(814) 288-1633
Christian Discovery Pre School	337 Elknud Ln	Johnstown, PA 15905	(814) 255-1395
Church Mouse Emporium	828 Diamond Blvd	Johnstown, PA 15905	(814) 255-4455
Church of Our Mother of Sorrow	415 Tioga St	Johnstown, PA 15905	(814) 535-7646
David L Karlberg	837 Coon Ridge Rd	Johnstown, PA 15905	(814) 288-5124
Ernest L Heller	1288 Franklin St	Johnstown, PA 15905	(814) 535-5180
Faith United Methodist Church	369 Glessner Rd	Johnstown, PA 15905	(814) 288-3472
Ferndale United Methodist Church	701 Vickroy Ave	Johnstown, PA 15905	(814) 288-4553
Hilltop Baptist Church	1300 Goucher St	Johnstown, PA 15905	(814) 255-4658
Jehovah's Witness Kingdom Hall	Hillview St	Johnstown, PA 15905	(814) 288-6243
Jehovah's Witnesses Kingdom Hall	123 Forest Edge Dr	Johnstown, PA 15905	(814) 266-1971
Lutheran Home	807 Goucher St	Johnstown, PA 15905	(814) 255-7169
Mph Ministries	105 Woodruff St	Johnstown, PA 15905	(814) 410-2252
Roxbury Church of Brethren	112 Sell St	Johnstown, PA 15905	(814) 536-6716
Roxbury St Paul's United Methodist Church	160 Derby St	Johnstown, PA 15905	(814) 535-5049
Saint Mary's Antiochian Church	111 Alberta Ave	Johnstown, PA 15905	(814) 255-2148
Saint Peter & Paul Ukranian Orthodox Church	3276 Menoher Blvd	Johnstown, PA 15905	(814) 535-8707
Seventh Day Adventist Church	1035 Goucher St	Johnstown, PA 15905	(814) 255-1113
St Nicholas Serbian Orthodox Church	300 Cinema Dr	Johnstown, PA 15905	(814) 255-3008
St Vincent De Paul Caring Ministries	927 Franklin St	Johnstown, PA 15905	(814) 539-4627
Stahl Mennonite Church	1201 Soap Hollow Rd	Johnstown, PA 15905	(814) 288-5523
United Jewish Federation	700 Indiana St	Johnstown, PA 15905	(814) 536-6440
Visitation Bvm Pre-School	1127 McKinley Ave	Johnstown, PA 15905	(814) 536-6110
Westmont Baptist Church	115 Jeffrey Dr	Johnstown, PA 15905	(814) 255-3321
Westmont Church of Brethren	2301 Sunshine Ave	Johnstown, PA 15905	(814) 255-2154
Westmont Presbyterian Church Inc	601 Luzerne St	Johnstown, PA 15905	(814) 536-0796
Westmont United Methodist Church	1428 Menoher Blvd	Johnstown, PA 15905	(814) 255-2428
Abundant Life Ministry House of Prayer	246 Glenn St	Johnstown, PA 15906	(814) 539-4659
Bethany Presbyterian Church	228 Blaine St	Johnstown, PA 15906	(814) 539-9194
Calvary United Methodist Church	159 Chandler Ave	Johnstown, PA 15906	(814) 535-1236
Cambria City Mission Inc	906 Broad St	Johnstown, PA 15906	(814) 535-1035

Conemaugh Church of Brethren Inc	1256 William Penn Ave	Johnstown, PA 15906	(814) 539-2615
Grace Lutheran Church	246 Chandler Ave	Johnstown, PA 15906	(814) 536-8298
Holy Cross Lutheran Church	711 Chestnut St	Johnstown, PA 15906	(814) 539-0123
Johnstown Shrine Club	62 Wildcat Rd	Johnstown, PA 15906	(814) 536-2344
Metro Nicholas of Amissos	312 Garfield St	Johnstown, PA 15906	(814) 539-9143
Morrelville Church of Brethren	406 Chandler Ave	Johnstown, PA 15906	(814) 539-4360
Praise Center Mnstr Full Gsp Chrc	200 Cooper Ave	Johnstown, PA 15906	(814) 536-2064
Resurrection Roman Catholic Parish	314 8th Ave	Johnstown, PA 15906	(814) 539-5788
Saint Francis of Assisi Parish	120 Barron Ave	Johnstown, PA 15906	(814) 539-1632
Saint Therese Church	536 Decker Ave	Johnstown, PA 15906	(814) 539-7633
St Columba Catholic Church	916 Broad St	Johnstown, PA 15906	
St Francis of Assisi	123 Barron Ave	Johnstown, PA 15906	(814) 533-6236
St Michael's Church	180 Gilbert St	Johnstown, PA 15906	(814) 535-6277
St Paul Evangelical Lutheran Church	1348 Virginia Ave	Johnstown, PA 15906	(814) 536-7001
St Therese Church	702 Saybrook Pl	Johnstown, PA 15906	(814) 536-2287
St. Francis of Assisi Church	155 Spring St	Johnstown, PA 15906	(814) 539-0155
The Third Brethren Church of Johnstown	184 Spring St	Johnstown, PA 15906	(814) 539-8256
Chickaree Union Church	476 Whitetail Rd	Johnstown, PA 15909	(814) 270-1150
Grace Pike Brethren Church	541 Pike Rd	Johnstown, PA 15909	(814) 749-8721
Laurel Mountain Bible Church	170 Paradise Rd	Johnstown, PA 15909	(814) 749-8891
Saint Paul's Lutheran Church	3328 William Penn Ave	Johnstown, PA 15909	(814) 322-1307
Singer Hill Grace Brethern Church	2980 William Penn Ave	Johnstown, PA 15909	(814) 322-4376
Slovak Catholic Sokol 272	3624 William Penn Ave	Johnstown, PA 15909	
St Johns Vianney Church	3513 William Penn Ave	Johnstown, PA 15909	(814) 322-4589
Summit Chapel United Methodist	2142 William Penn Ave	Johnstown, PA 15909	(814) 322-1267
Helping Hand Rescues Mission	112 Mission Ln	Lilly, PA 15938	(814) 736-9286
Lilly-Portage Lutheran Parrish	604 Cleveland St	Lilly, PA 15938	(814) 886-2222
Our Lady of Mount Carmel National Catholic Church	136 Hilltop Rd	Lilly, PA 15938	(814) 884-0205
Our Lady of The Allegheny	608 Main St	Lilly, PA 15938	(814) 886-2504
Sisters of St Josephs	538 Main St	Lilly, PA 15938	(814) 886-5820
Basilica Catholic Church	321 Saint Mary St	Loretto, PA 15940	(814) 472-8551
Carmelite Monastery	2101 Manor Dr	Loretto, PA 15940	(814) 472-8620
Monastery	Mount Assisi Monastery	Loretto, PA 15940	(814) 472-8971
Prince Gallitzin Chapel House	357 St Mary St	Loretto, PA 15940	(814) 472-5441
Saint Francis Friary	141 Saint Francis Dr	Loretto, PA 15940	(814) 693-2880

St Michael's School	301 Saint Elizabeth St	Loretto, PA 15940	(814) 472-9117
2 Corinthians 3 17 Ministries	222 Knipple Rd	Mineral Point, PA 15942	
Vinco Brethren Church	123 Adams Ave	Mineral Point, PA 15942	(814) 322-1177
Cardiff Road Church of God	1060 Cardiff Rd	Nanty Glo, PA 15943	(814) 749-8044
Congregation of Sisters of St. Agnes of Fond Du Lac, Wisconsin, Inc	1100 Roberts St	Nanty Glo, PA 15943	(814) 749-7153
First Baptist Church Nanty Glo	995 2nd St	Nanty Glo, PA 15943	(814) 749-8021
Holy Acension Ukrainian Orthodox Church of Nanty Glo, Pennsylvania	980 Caroline St	Nanty Glo, PA 15943	(724) 463-0958
Nanty Glo Alliance Church	1155 Roberts St	Nanty Glo, PA 15943	(814) 749-0181
Nanty Glo United Methodist Ch	998 Lloyd St	Nanty Glo, PA 15943	(814) 749-6096
St Marys Church Inc	1020 Caroline St	Nanty Glo, PA 15943	(814) 749-9103
St Nicholas Gr Catholic Church	1191 2nd St	Nanty Glo, PA 15943	(814) 749-0421
Northern Cambria Catholic School	3278 Blue Goose Rd	Nicktown, PA 15762	(814) 948-8900
St Nicholas Church	1169 Alverda Rd	Nicktown, PA 15762	(814) 948-9614
Answering Prayers, Steve Lecorchick Ministries, In	585 Greenwich Rd	Northern Cambria, PA 15714	(814) 948-5133
Saint John's United Methodist Church of Northern Cambria	910 Chestnut Ave	Northern Cambria, PA 15714	(814) 948-4706
St John the Baptist Roman Catholic Church	811 Chestnut Ave	Northern Cambria, PA 15714	
Calvary Church of Patton	810 Haluska Ave	Patton, PA 16668	(814) 674-5678
Church of God	617 Magee Ave	Patton, PA 16668	(814) 674-5324
North American Old Rmn Cat	1981 Saint Lawrence Rd	Patton, PA 16668	
Patton United Presbyterian Ch	509 Magee Ave	Patton, PA 16668	(814) 674-8831
Queen of Peace	907 6th Ave	Patton, PA 16668	(814) 674-8983
St Lazarus Martha & Mary Old Roman Catholic Church	1981 Saint Lawrence Rd	Patton, PA 16668	
St Peter & Paul Byzantine Catholic Church	516 Palmer Ave	Patton, PA 16668	(814) 674-5552
Trinity United Methodist Church	501 Beech Ave	Patton, PA 16668	(814) 674-5052
Bethany United Methodist Church	700 Farren St	Portage, PA 15946	(814) 736-8651
Church of God Parsonage	906 Hammers St	Portage, PA 15946	(814) 736-3218
First Lutheran Church	906 Caldwell Ave	Portage, PA 15946	(814) 736-3662
Hammers Street Church of God	906 Hammers St	Portage, PA 15946	(814) 736-8216
Joseph Saint Catholic Church	509 Caldwell Ave	Portage, PA 15946	(814) 736-4279
Martindale Christian Missionary Alliance Church	174 Alliance Ave	Portage, PA 15946	(814) 736-3545
Portage Christian Missionary	911 Johnson Ave	Portage, PA 15946	(814) 736-8227
Saint Mchels Rssian Orthodox Ch	915 Blair St	Portage, PA 15946	(814) 736-3051
St John The Baptist Roman	601 Mountain Ave	Portage, PA 15946	(814) 736-4239

St Peter & Paul Byzantine	143 Church Rd	Portage, PA 15946	(814) 736-9780
Trinity United Methodist Church Inc	817 Caldwell Ave	Portage, PA 15946	(814) 736-9788
William Hazlett	149 Storm St	Portage, PA 15946	(814) 736-4032
Ebensburg Evangelical Bible Church	130 Belair Ave	Revloc, PA 15948	(814) 472-5450
Park View Alliance Church	148 Chapel St	Saint Michael, PA 15951	(814) 495-9783
Saint Michael's Catholic Church	751 Locust St	Saint Michael, PA 15951	(814) 495-9640
Grove Pleasant Baptist Church	1337 Forest Hills Dr	Salix, PA 15952	(814) 248-3324
John C Gulnac Rev	1025 Forest Hills Dr	Salix, PA 15952	(814) 487-7853
Salix Bethel United Methdst Ch	1021 Forest Hills Dr	Salix, PA 15952	(814) 487-7655
Living Christ Christian Fellowship	401 Friends Ave	Sidman, PA 15955	
Mt Olive United Methodist Church	599 Fairview Ave	Sidman, PA 15955	(814) 495-3338
Sidman United Methodist Church	1108 Mill Rd	Sidman, PA 15955	(814) 487-5941
Trinity Lutheran Church	121 Forest Hills Dr	Sidman, PA 15955	(814) 487-7950
Faith Shawn & Staci	428 Wilbur St	South Fork, PA 15956	(814) 495-3201
First United Methodist Church Inc	500 Maple St	South Fork, PA 15956	(814) 495-9633
Holy Most Trinity Church	550 Main St	South Fork, PA 15956	(814) 495-4419
Methodist Church United	311 Main St	South Fork, PA 15956	(814) 495-4733
Mt Hope United Methodist Church	258 Mt Hope Rd	South Fork, PA 15956	(814) 535-5698
Park View Alliance Church	148 Chapel St	South Fork, PA 15956	(814) 495-5375
St Anthonys Church	773 Portage St	South Fork, PA 15956	
Wesley United Methodist Church	511 Church St	South Fork, PA 15956	(814) 495-4577
Saint John Roman Catholic Church Inc	538 Main St	Summerhill, PA 15958	(814) 495-5241
First Baptist Church of Vintondale	485 Main St	Vintondale, PA 15961	(814) 749-7102

# **Somerset County Churches and Religious Organizations**

Addison United Methodist Church	739 Main St	Addison, PA 15411	(814) 395-3549
Donald R Thomas Rev	1006 Polk Hill Rd	Addison, PA 15411	(814) 395-3845
Apostolic Christian Academy	9001 Glades Pike	Berlin, PA 15530	(814) 267-6254
Beachdale Church of Brethren	803 Owl Hollow Rd	Berlin, PA 15530	(814) 267-5780
Berlin Brethren Church Inc	620 Main St	Berlin, PA 15530	(814) 267-3863
Berlin Christian Missionary Alliance	725 Broadway	Berlin, PA 15530	(814) 267-4663
Brothersvly Ch. of The Brethren	1799 Brotherton Rd	Berlin, PA 15530	(814) 267-5656
Holy Trinity Evang Lutheran Ch	507 Main St	Berlin, PA 15530	(814) 267-5014
Mountain Valley Bible Church	1322 Mason Dixon Hwy	Berlin, PA 15530	(814) 267-5322
Three Seasons Community Church Inc	500 South St	Berlin, PA 15530	(814) 267-6599
Trinity United Church of Christ	600 Main St	Berlin, PA 15530	(814) 267-3234
Trinity United Church of Christ Roxbury	377 Swamp Hollow Rd	Berlin, PA 15530	(814) 267-6050
Unity United Church of Christ	2074 Huckleberry Hwy	Berlin, PA 15530	(814) 267-4280
All Saints Parish	325 Quemahoning St	Boswell, PA 15531	(814) 629-5551
Boswell Church of God	623 Main St	Boswell, PA 15531	(814) 629-5745
Laurel Hill Gospel Tabernacle Inc	7335 Somerset Pike	Boswell, PA 15531	(814) 629-9081
Laurel Trinity Lutheran Church	7520 Somerset Pike	Boswell, PA 15531	(814) 629-9288
Mt Laurel United Ch. of Christ	1209 Keysertown Rd	Boswell, PA 15531	(814) 629-9260
Mt Tabor Luth. Church	605 Center St	Boswell, PA 15531	(814) 634-0034
New Beginnings Center	7398 Somerset Pike	Boswell, PA 15531	(814) 629-5001
Saint Andrew's Lutheran Church	500 Main St	Boswell, PA 15531	(814) 629-9275
Trinity Presbyterian Church	661 Speigle Rd	Boswell, PA 15531	(814) 629-6470
Graef Evangelical Lutheran Church	2 Second St	Cairnbrook, PA 15924	(814) 754-1049
Angels of East Africa	7368 Lincoln Hwy	Central City, PA 15926	
Assembly of God Pentecostal Tabernacle	1745 School Rd	Central City, PA 15926	
Central City United Methodist Church	704 Lohr St	Central City, PA 15926	(814) 754-5019
Cnetral City Christian Church	247 Lambert St	Central City, PA 15926	(814) 754-1707
Our Ladie Queen of Angels	738 Sunshine Ave	Central City, PA 15926	(814) 754-7010
Saint Peter Paul Lutheran Chrh	879 Main St	Central City, PA 15926	(814) 754-5357
Shekinah Fellowship	165 Boyers Pond Rd	Central City, PA 15926	(814) 754-1080
St Peter & Paul's Orthodox Greek Catholic Church In Central City	149 Wheeler St	Central City, PA 15926	(814) 754-8071
	921 Main St	Central City, PA 15926	(814) 754-5841

Calvary Community Church	2799 Fort Hill Rd	Confluence, PA 15424	(814) 395-9177
Church of The Nazarene	450 Sterner St	Confluence, PA 15424	(814) 395-3639
Confluence Trinity Lutheran Church	701 Oden St	Confluence, PA 15424	(814) 395-5775
Confluence United Methodist Church	521 Hugart St	Confluence, PA 15424	(814) 395-3413
Draketown Community Church	1737 Conn Rd	Confluence, PA 15424	
Freedom Bible Church A Nonprofit	3202 Listonburg Rd	Confluence, PA 15424	
Mt Zion United Methodist Church Markleton	521 Hugart St	Confluence, PA 15424	
Kaufman Mennonite Church	916 Miller Picking Rd	Davidsville, PA 15928	(814) 479-7813
Park Carpenter Mennonite Church	2662 Carpenters Park Rd	Davidsville, PA 15928	(814) 288-3264
St Anne Church	205 Woodstown Hwy	Davidsville, PA 15928	(814) 479-2664
Journeys Way Ministries	150 River Rd	Fairhope, PA 15538	(814) 267-3211
Mount Olive Lutheran Church	1836 Dividing Ridge Rd	Fairhope, PA 15538	(814) 267-7491
Trinity Evang Lutheran Ch	630 Church Rd	Fairhope, PA 15538	(814) 267-4474
Christian Community Church	121 Saddlebrook Rd	Friedens, PA 15541	(814) 443-4061
Fouad A Elbayly	123 Cycle Dr	Friedens, PA 15541	(814) 443-2694
Friedens Lutheran Church	131 S Main St	Friedens, PA 15541	(814) 445-4627
New Life Assembly of God	1518 Stoystown Rd	Friedens, PA 15541	(814) 445-3892
Northridge Baptist Church	651 Blackburn Rd	Friedens, PA 15541	(814) 443-1417
Pleasant Hill Church	810 Pleasant Hill Rd	Friedens, PA 15541	(814) 445-4442
Center Church	171 Center Church Rd	Garrett, PA 15542	(814) 634-9232
Mount Olivet United Methodist Church	178 Cook Rd	Glencoe, PA 15538	(814) 267-5873
African Orphans Relief Project	174 Gilbert Hollow Rd	Hollsopple, PA 15935	(814) 242-9409
Allegheny Mennonite Conference	112 Swank Rd	Hollsopple, PA 15935	(814) 479-2127
Apostolic Gospel Church Inc	184 Veterans St	Hollsopple, PA 15935	(814) 479-4236
Benscreek Lutheran Church	4459 Somerset Pike	Hollsopple, PA 15935	(814) 479-7013
Bethel United Methodist Church	215 Whistler St	Hollsopple, PA 15935	(814) 479-4518
Blough Mennonite Church	794 Woodstown Hwy	Hollsopple, PA 15935	(814) 479-7566
Maple Spring Church of Brethren	106 Spring Rd	Hollsopple, PA 15935	(814) 479-7062
Western Pennsylvania Dst Off	115 Spring Rd	Hollsopple, PA 15935	(814) 479-2181
Holy Family Catholic Church	321 Sugar St	Hooversville, PA 15936	(814) 798-2933
Hooversville United Methodist	120 Charles St	Hooversville, PA 15936	(814) 798-3671
Saint Thomas Ev Lutheran Ch	1439 Ridge Rd	Hooversville, PA 15936	(814) 479-2204
Trinity Evangelical Lutheran Church	100 Church St	Hooversville, PA 15936	(814) 798-2105
Jennerstown United Methodist Church	1673 E Pitt St	Jennerstown, PA 15547	(814) 629-7430
Solid Rock Baptist Church of Somerset, Inc.	146 James F Barron Dr	Jennerstown, PA 15547	
International Christian Aid	1929 Penn Ave	Jerome, PA 15937	(814) 479-7963

Kantner Assembly of God	430 Schoolhouse Rd	Kantner, PA 15548	(814) 893-5221
Listie Grace Brethren Church	179 Sr1011	Listie, PA 15549	(814) 443-2365
New Life Mennonite Church	604 Listie Rd	Listie, PA 15549	(814) 444-8645
Kingwood Church of God	119 Humbert Rd	Markleton, PA 15551	(814) 926-4429
Old Bethel Church	227 Old Bethel Rd	Markleton, PA 15551	(814) 926-4700
Amity Reformed Church	315 Center St	Meyersdale, PA 15552	(814) 634-8574
Church of Brethren	9 Beachley St	Meyersdale, PA 15552	(814) 634-5650
Garret United Methodist	336 Main St	Meyersdale, PA 15552	(814) 634-5759
Gordon Gary	2347 Sand Spring Rd	Meyersdale, PA 15552	(814) 634-9669
Horner, Thomas E Pastor	211 Old Wittenberg Rd	Meyersdale, PA 15552	(814) 634-9121
Hostetler Church of The Bretheren	2344 Sand Spring Rd	Meyersdale, PA 15552	(814) 634-9737
Hostetler Church of The Bretheren	473 Kendallwood Rd	Meyersdale, PA 15552	(814) 634-0403
Main St Brethern Church	230 Main St	Meyersdale, PA 15552	(814) 634-0537
Meyersdale Church of Christ	3550 Greenville Rd	Meyersdale, PA 15552	(814) 634-8608
Meyersdale Grace Brethren Church	112 Beachley St	Meyersdale, PA 15552	(814) 634-5980
New Hope United Church of Christ	3398 Cumberland Hwy	Meyersdale, PA 15552	(814) 634-0733
Pentecostal Apostolic Church	414 High St	Meyersdale, PA 15552	(814) 634-0060
Saint Phillip & James Rectory	247 High St	Meyersdale, PA 15552	(814) 634-8150
Victory Bible Church (Independent Baptist), Inc.	2900 Cumberland Hwy	Meyersdale, PA 15552	(814) 634-0391
Wilhelm St Paul's Church	531 Rock Station Rd	Meyersdale, PA 15552	
Zion Lutheran Church	355 Center St	Meyersdale, PA 15552	(814) 634-5659
St John Baptist Church	101 Findley St	New Baltimore, PA 15553	(814) 733-2210
Casselman United Methodist	205 Saint John St	Rockwood, PA 15557	(814) 926-4931
Christ United Methodist Church	621 Broadway St	Rockwood, PA 15557	(814) 926-4243
Mt Union Church	1428 Casselman Rd	Rockwood, PA 15557	(814) 352-8029
New Centerville Church of God	3719 Copper Kettle Hwy		
	3719 Copper Rettle Hwy	Rockwood, PA 15557	(814) 926-4891
New Cnterville Lutheran Parish	144 Jubilee St	Rockwood, PA 15557  Rockwood, PA 15557	(814) 926-4891 (814) 926-2215
New Cnterville Lutheran Parish  Rockwood Alliance Church		,	
	144 Jubilee St	Rockwood, PA 15557	(814) 926-2215
Rockwood Alliance Church	144 Jubilee St 438 Harvest Dr	Rockwood, PA 15557 Rockwood, PA 15557	(814) 926-2215 (814) 926-2892
Rockwood Alliance Church Rockwood Church of Brethren	144 Jubilee St 438 Harvest Dr 600 Main St	Rockwood, PA 15557 Rockwood, PA 15557 Rockwood, PA 15557	(814) 926-2215 (814) 926-2892 (814) 926-4045
Rockwood Alliance Church Rockwood Church of Brethren Saint Luke's Lutheran Church	144 Jubilee St 438 Harvest Dr 600 Main St 711 Broadway St	Rockwood, PA 15557 Rockwood, PA 15557 Rockwood, PA 15557 Rockwood, PA 15557	(814) 926-2215 (814) 926-2892 (814) 926-4045 (814) 926-4145
Rockwood Alliance Church  Rockwood Church of Brethren  Saint Luke's Lutheran Church  Scullton Christianand Missnry	144 Jubilee St 438 Harvest Dr 600 Main St 711 Broadway St 1033 Scullton Rd	Rockwood, PA 15557	(814) 926-2215 (814) 926-2892 (814) 926-4045 (814) 926-4145 (814) 926-2820
Rockwood Alliance Church  Rockwood Church of Brethren  Saint Luke's Lutheran Church  Scullton Christianand Missnry  Wesley Chapel United Methodist Church	144 Jubilee St 438 Harvest Dr 600 Main St 711 Broadway St 1033 Scullton Rd 217 Whipkey Dam Rd	Rockwood, PA 15557	(814) 926-2215 (814) 926-2892 (814) 926-4045 (814) 926-4145 (814) 926-2820 (814) 926-2580
Rockwood Alliance Church Rockwood Church of Brethren Saint Luke's Lutheran Church Scullton Christianand Missnry Wesley Chapel United Methodist Church Church of The Brethren	144 Jubilee St 438 Harvest Dr 600 Main St 711 Broadway St 1033 Scullton Rd 217 Whipkey Dam Rd 132 W Union St	Rockwood, PA 15557 Salisbury, PA 15558	(814) 926-2215 (814) 926-2892 (814) 926-4045 (814) 926-4145 (814) 926-2820 (814) 926-2580 (814) 662-4406

Allegheny Lutheran Social Ministries, Inc.	443 Berlin Plank Rd	Somerset, PA 15501	(814) 443-4440
Allegheny Lutheran Social Ministries, Inc.	231 Tabernacle Dr	Somerset, PA 15501	(814) 445-8506
Allegheny Mennonite Conference Inc	111 E Main St	Somerset, PA 15501	(814) 443-2007
Bible Baptist Church	RR 281 Box N	Somerset, PA 15501	(814) 445-7285
Calvary United Methodist Ch	239 W Church St	Somerset, PA 15501	(814) 445-2577
Christ Casebeer Lutheran Church	10377 Somerset Pike	Somerset, PA 15501	(814) 445-4935
Christian & Missionary Aliance	708 Stoystown Rd Ste 1	Somerset, PA 15501	(814) 445-8949
Church of Jc of Lds	464 Stoystown Rd	Somerset, PA 15501	(814) 443-1528
Church of Jesus Christ Apostolic	119 Forward Blvd	Somerset, PA 15501	
Church of The Nazarene	382 W Union St	Somerset, PA 15501	(814) 445-4444
County Line Church of The Brethren	539 Davis Ave	Somerset, PA 15501	(814) 443-4656
Eric G Raygor	850 Lansberry CT	Somerset, PA 15501	(814) 445-6753
Evangelical Christian Church Inc	325 W Catherine St	Somerset, PA 15501	(814) 445-8128
Faith Lutheran Church	6567 Glades Pike	Somerset, PA 15501	(814) 443-3179
First Christian Church	139 E Main St	Somerset, PA 15501	(814) 445-8112
Freedom In Christ Ministries	117 W 1st St	Somerset, PA 15501	(814) 445-2292
Grace Brethren Church	571 Felgar Rd	Somerset, PA 15501	(814) 445-8645
Grace United Methodist Church	320 Felgar Rd	Somerset, PA 15501	(814) 443-2906
Happy Valley Baptist Chur	1938 N Center Ave	Somerset, PA 15501	(814) 444-1611
House of Prayer Pentecostal Church, Inc.	299 Sleepy Hollow Rd	Somerset, PA 15501	(814) 443-0903
Jay L Christner Rev	313 N Edgewood Ave	Somerset, PA 15501	(814) 445-4223
Last Generation Ministries	1339 Piedmont Rd	Somerset, PA 15501	(814) 445-2218
Loving Hands Ministry Inc	1952 New Centerville Rd	Somerset, PA 15501	(814) 443-0851
Milford Umc	368 Bando Rd	Somerset, PA 15501	(814) 443-3362
Mt Calvary Lutheran Church	3093 Glades Pike	Somerset, PA 15501	(814) 443-3965
National Organization of The New Apostolic Church of North America	1605 Maplehurst Dr	Somerset, PA 15501	(814) 445-3540
Pike Run Church of The Brethren	2582 Glades Pike	Somerset, PA 15501	(814) 443-3507
Roof Garden Christian Church Inc	2074 Husband Rd	Somerset, PA 15501	(814) 445-2939
Saint Francis In Fields Episcopal Church Inc	2081 Husband Rd	Somerset, PA 15501	(814) 445-7149
Saint Pauls Presbyterian Ch	1845 N Center Ave	Somerset, PA 15501	(814) 445-5341
Somerset Area Ministries Transportation Inc	320 Felgar Rd	Somerset, PA 15501	(814) 443-6354
Somerset Christian Fellowship Church	197 Collingwood Ln	Somerset, PA 15501	(814) 445-6767
Somerset Church of Brethren	606 Berlin Plank Rd	Somerset, PA 15501	(814) 445-8853
Somerset Church of Christ	310 S Kimberly Ave	Somerset, PA 15501	(814) 445-5569
Somerset Church of God	1020 W Main St	Somerset, PA 15501	(814) 445-8786

Somerset Community Training &	574 E Main St	Somerset, PA 15501	(814) 444-0012
Somerset Community Trning	600 E Main St	Somerset, PA 15501	(814) 445-6419
Sonrise Counseling Ministries, Inc.	101 W Main St Ste G103	Somerset, PA 15501	(814) 445-7557
Sought-Out Ministries	128 N Center Ave	Somerset, PA 15501	(814) 444-9841
St James Methodist Church	175 Kimmel Rd	Somerset, PA 15501	(814) 445-8374
St Paul's United Church of Christ	202 W Union St	Somerset, PA 15501	(814) 445-4534
Stjohns United Methodist	681 Edie Rd	Somerset, PA 15501	(814) 444-1477
The Ridge Church Outreach Center	317 Plank Rd 120	Somerset, PA 15501	
Trinity Lutheran Church	918 Tayman Ave	Somerset, PA 15501	(814) 445-5446
Victory Light House	445 Salem Ave	Somerset, PA 15501	(814) 443-1569
Willian G Triebe Rev	425 W Patriot St	Somerset, PA 15501	(814) 443-6319
Springs Mennonite Church	1686 Springs Rd	Springs, PA 15562	(814) 662-4201
Beulah United Methodist Church	3023 Whistler Rd	Stoystown, PA 15563	(814) 443-3732
Boaz Baptist Church	770 Old Lincoln Hwy	Stoystown, PA 15563	(814) 893-0088
Camp Allegheny	100 Camp Allegheny Dr	Stoystown, PA 15563	(814) 754-5122
Christian Community Church	2610 Lincoln Hwy	Stoystown, PA 15563	(814) 629-6575
Grace Lutheran Church	201 E Main St	Stoystown, PA 15563	(814) 893-5135
Horner Lutheran Church	415 Horner Church Rd	Stoystown, PA 15563	(814) 629-9619
Kantner United Methodist Church	626 Forbes Rd	Stoystown, PA 15563	(814) 893-6216
Mostoller United Methodist Church	549 Pompey Hill Rd	Stoystown, PA 15563	
Reading Grace Brethren Church	3459 Stoystown Rd	Stoystown, PA 15563	(814) 893-5422
Stoystown United Church Christ	206 W Main St	Stoystown, PA 15563	(814) 893-5652
All Faith Chapel Mausoleu	1312 Graham Ave	Windber, PA 15963	(814) 467-4362
Assembly of God	505 12th St	Windber, PA 15963	(814) 467-4180
Bck Ministries	448 Mount Carmel Dr	Windber, PA 15963	(814) 467-9120
Berkey Church of Brethren	1038 Church Dr	Windber, PA 15963	(814) 467-8505
Brethren Home Community Windber	3028 Circle Dr	Windber, PA 15963	
Calvery United Methodist Ch	1800 Stockholm Ave	Windber, PA 15963	(814) 467-9811
Church of God	2400 Jackson Ave	Windber, PA 15963	(814) 467-8707
Corpus Christi Church	994 Peaceful Valley Rd	Windber, PA 15963	(814) 487-7157
Ev Mt Carmel Luth Church	905 9th St	Windber, PA 15963	
First Presbyterian Church	1101 Somerset Ave	Windber, PA 15963	(814) 467-5851
Franciscan Friars	2201 Graham Ave	Windber, PA 15963	(814) 467-8517
Good Shepherd Lutheran Church of Somerset	E14 Shadul a	Windhor BA 15063	(014) 467 4337
County	514 Shady Ln	Windber, PA 15963	(814) 467-4227
Islamic Center of Johnstown	809 Main St	Windber, PA 15963	(814) 467-0640

Jehovahs Witnesses-Windber P A	35 Joseph St	Windber, PA 15963	(814) 467-7327
Life Church	2010 Somerset Ave	Windber, PA 15963	
Lighthouse Baptist Church of W	1008 Graham Ave Ste 1	Windber, PA 15963	(814) 467-8181
Rummel Church of Brethren	3432 Graham Ave	Windber, PA 15963	(814) 467-5050
Saint Cyril & Methodist Church	604 Graham Ave	Windber, PA 15963	(814) 467-7042
Saint Mary's Church Hall	803 Somerset Ave	Windber, PA 15963	
Scalp Level Church of Brethren	270 Hoffman Ave	Windber, PA 15963	(814) 467-8460
Scalp Level Trinity United Methodist Church	751 Horn Rd	Windber, PA 15963	(814) 467-9051
Slovak Catholic Sokol 74	424 Horn Rd	Windber, PA 15963	(814) 467-8958
St Anthony of Padua Church	2201 Graham Ave	Windber, PA 15963	(814) 467-7292
St John's Church	605 Graham Ave	Windber, PA 15963	(814) 467-7191
St Peter & Pauls Orthodox Church	141 Hoffman Farm Rd	Windber, PA 15963	(814) 467-5194
Windber Church of The Brethren	500 19th St	Windber, PA 15963	(814) 467-6179

# Police/Fire/EMS

Cambria County Police		
Adams Township Police Department	814-487-4712	
Cambria Township Police Department	814-472-6040	
Carrolltown Police Department	814-344-6400	
Conemaugh Township Police Department	814-535-6192	
East Taylor Police Department	814-322-3801	
Ebensburg Borough Police Department	814-472-8930	
Ferndale Police Department	814-288-4131	
Hastings Boro Office	814-247-6663	
Hastings Borough Police Department	814-247-8756	
Johnstown Police Department	814-533-2074	
Lilly Police Department	814-886-7225	
Loretto Police Department	814-472-8995	
Nanty Glo Borough Office	814-749-0331	
Patton Police Department	814-674-3650	
Sankertown Borough Police Department	814-886-6865	
South Fork Police Department	814-495-9886	
Summerhill Township Police Department	814-487-7314	
Susquehanna Township Police Department	814-948-5735	
Upper Yoder Twp Police	814-255-6227	
Vintondale Borough Office	814-749-0939	

Somerset County Police	
Berlin Borough Police Department	814-267-4111
Boswell Borough Police Department	814-629-7255
Conemaugh Township Police Department	814-288-1400
Confluence Boro Police Department	814-395-5512
Elk Lick Township Police Department	814-662-4270
Garrett Borough	814-634-9722
Hooversville Borough Police Department	814-798-8001
Indian Lake Borough Police Department	814-267-3776
Jennerstown Borough Police Department	814-629-7234
Meyersdale Borough Police Department	814-634-5149
Paint Township Police Department	814-467-8444
Pennsylvania State Police – Somerset	814-445-4104
Rockwood Borough Police Department	814-926-3211
Shade Township Police Department	814-754-5006
Somerset Borough Police Department	814-445-4596
Somerset County Detectives (Drug Task Force)	814-445-1470
Somerset County Sheriff's Department	814-445-1513
Summit Township Police Department	814-634-5364
Windber Borough Police Department	814-467-8383

#### Cambria County Fire/EMS

<u>Cambria County Fire/EMS</u>	
Adams Township Volunteer Fire Company	814-487-7245
Adams Township Volunteer Fire Company	814-495-4111
Ashville Volunteer Fire Company	814-944-2354
Beaverdale EMS	814-487-5407
Blacklick Valley EMS	814-749-7332
Cambria Township Volunteer Fire Company	814-748-7560
Carrolltown EMS	814-344-8933
Carrolltown Fire Engine Company	814-344-8666
Cassandra Volunteer Fire Company	814-736-3188
Community Fire Company	814-886-2259
Conemaugh Independence Volunteer Fire Company	814-535-3222
Conemaugh Valley Regional Ambulance	814-535-5300
Cover Hill Volunteer Fire Company	814-539-3473
Cresson EMS	814-886-5641
Cresson Volunteer Fire Company	814-886-4485
Daisytown Volunteer Fire Company	
Dale Borough Fire Company	814-536-0101
Dauntless Volunteer Fire Company	814-539-4131
East Hills Ambulance	814-472-9281
	814-266-8910
East Taylor Township Volunteer Fire Company	814-322-1202
Ebensburg Ambulance	814-472-6700
Ferndale Volunteer Fire Company	814-288-3131
Forest Hills EMS	814-495-5107
Franklin Borough Volunteer Fire Company	814-535-1953
Gallitzin Fire Company	814-886-8010
Geistown Volunteer Fire Company	814-266-1997
Hastings EMS	814-247-8885
Hastings Volunteer Fire Company	814-247-8655
Hilltop EMS	814-255-7777
Hope Volunteer Fire Company	814-948-9110
Ideal Volunteer Fire Company	814-288-6145
Jackson Township Volunteer Fire Company	814-322-3155
Johnstown Fire Department	814-533-2060
Lilly EMS	814-886-5700
Lorain Borough Fire Company	814-535-1273
Loretto Volunteer Fire Company	814-472-9160
Lower Yoder Township Volunteer Fire Company	814-536-5755
Menoher Heights Volunteer Fire Company	814-255-5212
Middle Taylor Township Volunteer Fire Company	814-536-0161
Nanty Glo Boro Volunteer Fire Company	814-749-0811
Nicktown Volunteer Fire Company	814-948-4351
Oakland Volunteer Fire Company	814-266-5600
Patton EMS	814-674-3730
Patton Volunteer Fire Company	814-674-5913
Portage Area Ambulance	814-736-4358
Portage Volunteer Fire Company	814-736-4626
Reade Volunteer Fire Company	
Revloc Volunteer Fire Company	814-687-3676
Richland Township	814-472-2100
Riverside Volunteer Fire Company	814-266-4331
Seventh Ward Ambulance	814-288-1100
South Fork Fire Company	814-539-5998
	814-495-4444
Southmont Volunteer Fire Company	814-255-2633
Spangler Volunteer Fire Company	814-948-5671
Summerhill Borough Fire Company	814-495-4222
Summerhill Twp Volunteer Fire Company	814-487-5177
Upper Yoder Volunteer Fire Company	814-255-3222
Vintondale Volunteer Fire Company	814-749-8081
West End Ambulance	814-539-8045
West Hills Regional Fire Department	814-255-7777
West Taylor Township Volunteer Fire Company	814-536-3411
Westwood Fire Department	814-255-2022
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## Somerset County Fire

Somerset Fire Department	814-445-4343
Acosta Fire Department	814-629-5320
Addison Fire Department	814-395-5719
Bakersville Fire Department/QRS	814-445-8385
Berlin Fire Department	814-267-4811
Boswell Fire Department	814-629-9488
Central City Fire Department/QRS	814-754-5111
Conemaugh Township Fire Department	814-288-6145/814-288-1266
Confluence Fire Department	814-395-3422
Friedens Fire Department/QRS	814-445-2085
Garrett Fire Department/QRS	814-634-8750
Hooversville Fire Department/QRS	814-798-4080
Jennerstown Fire Department	814-629-5371
Jerome Fire Department	814-479-7578
Listie Fire Department	814-443-4562
Meyersdale Fire Department	814-634-5454
New Baltimore Fire Department	814-733-4155
New Centerville Fire Department	814-926-4333
Rockwood Fire Department	814-926-4414
Salisbury Fire Department	814-662-2430
Scalp Level Fire Department	814-467-4306
Seven Springs Fire Department	814-352-7777
Shanksville Fire Department/QRS	814-267-4737
Sipesville Fire Department	814-445-4899
Stoystown Fire Department/QRS	814-893-5111
Wellersburg Fire Department/QRS	814-324-4444
Windber Fire Department	814-467-7111
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## **Cambria County Schools**

Bishop McCort Catholic High School 25 Osborne St Johnstown, PA 15905 (814) 536-8991

Blacklick Valley School District 555 Birch St Nanty Glo, PA 15943 (814) 749-9211

Cambria County Christian School 561 Pike Rd Johnstown, PA 15909 (814) 749-7406

Cambria Heights School District 426 Glendall Lake Rd Patton, PA 16668 (814) 674-3601

Central Cambria School District 204 Schoolhouse Road Ebensburg, PA 15931 (814) 472-8860

Conemaugh Valley School District 1342 William Penn Ave Johnstown, PA 15906 (814) 535-5523

Ferndale Area School District 100 Dartmouth Ave Johnstown, PA 15905 (814) 535-6724

Forest Hills School District 489 Locust St, Sidman, PA 15955 (814) 487-7613 Glendale School District 1466 Beaver Valley Rd Flinton, PA 16640 (814) 687-3402

**Greater Johnstown School District** 

East Side Elementary School 220 Messenger St Johnstown, PA 15902 (814) 536-8066

Northern Cambria School District 601 Joseph St Barnesboro, PA 15714 (814) 948-5481

Our Mother of Sorrows School 430 Tioga St Johnstown, PA 15905 (814) 539-5315

Penn Cambria School District 201 6th St Cresson, PA 16630 (814) 886-8121

Portage Area School District 84 Mountain Ave Portage, PA 15946 (814) 736-9636

**Richland School District** 

1 Academic Avenue, Suite 200, Johnstown, PA 15904 (814) 266-5757

Westmont School District 112 Lindberg Avenue Johnstown, Pennsylvania 15905 (814) 255-6751

## **Somerset County Schools**

Berlin Brothersvalley 1025 East Main St Berlin, PA 15530 (814) 267-4623

Cairnbrook School District 235 Mcgregor Ave Cairnbrook, PA 15924 (814) 754-5021

Conemaugh Township School District 300 West Campus Ave Davidsville, PA 15928 (814) 479-4014

Johnstown Christian School 125 Christian School Rd Hollsopple, PA 15935 (814) 288-2588

Meyersdale School District 1349 Shaw Mines Rd Meyersdale, PA 15552 (814) 634-8311

Mountain View Christian School 1751 Springs Rd Springs, PA 15562 (814) 662-2607

North Star School District 400 Ohio St Boswell, PA 15531 (814) 629-6651

Rockwood School District 437 Somerset Ave Rockwood, PA 15557 (814) 926-4631

Salisbury-Elk Lick School District

200 Smith Ave Salisbury, PA 15558 (814) 662-2741

Shanksville-Stonycreek School District 1325 Corner Stone Rd Shanksville, PA 15560 (814) 267-4649

Somerset Christian School 708 Stoystown Rd Ste 2 Somerset, PA 15501 (814) 443-1960

Somerset County Technology Center Vocational School 281 Technology Dr Somerset, PA 15501 (814) 443-3651

Somerset Mennonite School 426 Horner Church Rd Stoystown, PA 15563 (814) 629-6868

645 South Columbia Avenue Somerset, PA 15501 (814) 443-2831

Turkeyfoot Valley Area School District 172 Turkeyfoot Rd Confluence, PA 15424 (814) 395-3622

Windber Area High School 2301 Graham Ave Windber, PA 15963 (814) 467-4567

## Universities

Greater Johnstown Career and Technology Center 445 Schoolhouse Rd, Johnstown, PA 15904 Phone: (814) 266-6073

Hiram G. Andrews 727 Goucher St, Johnstown, PA 15905 Phone: (814) 255-8200

Mount Aloysius College 7373 Admiral Peary Hwy, Cresson, PA 16630 (888) 823-2220

Penn Highlands Community College 101 Community College Way, Johnstown, PA 15904 Phone: (814) 262-6400

Penn State Extension 401 Candlelight Dr #220, Ebensburg, PA 15931 Phone: (814) 472-7986

St. Francis University

117 Evergreen Drive, Loretto, PA 15940 (814) 472-3000

University of Pittsburgh at Johnstown 450 Schoolhouse Road Johnstown, PA 15904 (814) 269-7000

## Libraries

Beaverdale Public Library 506 Jefferson Avenue Beaverdale, PA 15921 (814) 487-4886

Cambria County Library 248 Main St Johnstown, PA 15901 (814) 536-5131

Carrolltown Public Library 140 Charles St Carrolltown, PA 15722 (814) 344-6300

Conemaugh Township Public Library 959 S. Main Street Holsopple, PA 15935

Cresson Public Library 231 Laurel Ave Cresson, PA 16630 (814) 886-2619

Ebensburg Free Public Library 225 W Highland Ave Ebensburg, PA 15931 (814) 472-7957

Gallitzin Public Library 411 Convent St Ste 30 Gallitzin, PA 16641 (814) 886-4041

Hastings Public Library 312 Beaver St Hastings, PA 16646 (814) 247-8231

**Highland Community Library** 

330 Schoolhouse Rd Johnstown, PA 15904 (814) 266-5610

Lilly Washington Public Library 520 Church St Lilly, PA 15938 (814) 886-7543

Mary S Biesecker Public Library 230 S Rosina Ave Somerset, PA 15501 (814) 445-4011

Meyersdale Public Library 210 Center St Meyersdale, PA 15552

(814) 634-0512

Nanty Glo Public Library 942 Roberts St Nanty Glo, PA 15943 (814) 749-0111

Northern Cambria Public Library 1030 Philadelphia Avenue Northern Cambria, PA 15114 (814) 948-8222

Patton Public Library 444 Magee Ave Patton, PA 16668 (814) 674-8231

Portage Library Association 704 Main St Portage, PA 15946 (814) 736-4340

Somerset County Library 6022 Glades Pike Ste 120 Somerset, PA 15501 (814) 445-2556

South Fork Public Library 320 Main St South Fork, PA 15956 (814) 495-4812

University of Pittsburgh at Johnstown 450 Schoolhouse Rd Johnstown, PA 15904 (814) 269-7300

Windber Public Library 1909 Graham Ave Windber, PA 15963 (814) 467-4950

#### Parks and Outdoor Recreation (partial list)

- Allegheny Portage Railroad National Historic Site
- Beaverdale Reservoir Trail
- Blue Knob State Park
- Conemaugh Gap Scenic Overlook
- Cycle the Alleghenies
- Duman Lake County Park
- Flight 93 National Park
- Gallitzen State Forest
- Ghost Town Trail
- Greenhouse Park
- James Mayer Riverwalk Trail
- James Wolfe Sculpture Park
- Johnstown Flood National Memorial
- Kiski-Conemaugh River Water Trail
- Kooser State Park
- Laurel Hill State Park
- Laurel Ridge State Park
- Nine for Nine Memorial Park
- Path of the Flood Trail
- Pittsburgh to Harrisburg Main Line Canal Greenway
- Prince Gallitzin State Park
- Quemahoning Reservoir
- Roxbury Park
- Sandyvale Dog Park
- Stackhouse Park
- Staple Bend Tunnel Trail
- Stonycreek Whitewater Park

## **Health and Human Services**

## **Health Departments**

Pennsylvania State Health Department 184 Donald Lane, Suite 1 Johnstown PA 15904 (814) 248-3120

Pennsylvania State Health Department 651 S Center Ave # 106 Somerset, PA 15501 814-445-7981

Pennsylvania State Health Center 430 Main St FL 2 Johnstown, PA 15901 (814) 533-2427

## Hospitals/Clinics

Chan Soon-Shiong Medical Center at Windber 600 Somerset Avenue Windber, PA 15963 (814) 467-3000

Conemaugh Memorial Medical Center 1086 Franklin St Johnstown, PA 15905 (814) 534-9000

Conemaugh Miners Medical Center 290 Haida Avenue Hastings, PA 16646 (814) 247-3100

Conemaugh Meyersdale Medical Center 200 Hospital Drive Meyersdale, PA 15552 (814) 634-5911

Highlands Health Free Medical Clinic – Cambria County 340 Main Street Johnstown, PA 15901 (814) 534-6242

Highlands Health Free Medical Clinic - Somerset County 225 South Center Avenue Somerset, PA 15501 (814) 443-5867

Salvation Army Dental Center 647 Main Street Johnstown, PA 15901 (814) 262-8500

UPMC Somerset Hospital 329 S Pleasant Ave Somerset, PA 15501 (814) 443-5000

#### **Conemaugh Health System**

The Conemaugh Health System has an extensive network of physicians and facilities distributed throughout Cambria and Somerset Counties. The following comprise the resources of Conemaugh Health System:

#### **Hospitals in Cambria & Somerset Counties**

Conemaugh Memorial Medical Center

Conemaugh Miners Medical Center

Conemaugh Meyersdale Medical Center

#### **Conemaugh Urgent Care Centers**

MedWell Ebensburg

MedWell Richland

#### **Major OP Centers**

Conemaugh East Hills

Conemaugh Ebensburg

Conemaugh Medical Park

Conemaugh Somerset

**Conemaugh Physician Group** is the medical staff of Conemaugh Health System that has formally partnered with the health system. CPG includes 120+ physicians who practice at 40+ locations.

#### **Primary Care and Internal Medicine Office Locations:**

Conemaugh Physician Group - Cresson

Conemaugh Physician Group - Cresson Rural Health Clinic

Conemaugh Physician Group - Davidsville Rural Health Clinic

Conemaugh Physician Group - East Hills

Conemaugh Physician Group - Ebandjieff

Conemaugh Physician Group - Ebensburg

Conemaugh Memorial Medical Center - Family Medical Center

Conemaugh Memorial Medical Center - Internal Medicine Clinic

Conemaugh Physician Group - Ligonier

Conemaugh Physician Group - Medical Park Family Practice

Conemaugh Physician Group - Medical Park Internal Medicine

Conemaugh Meyersdale Outpatient Center – Family Health Care RHC

Conemaugh Physician Group - Park Hill

Conemaugh Physician Group - Portage Rural Health Clinic

Conemaugh Physician Group - Seward

Conemaugh Physician Group - Somerset Highlands Rural Health Clinic

Conemaugh Physician Group - St. Benedict Rural Health Clinic

#### **Specialist Physician Office Locations**

Conemaugh Physician Group - Behavioral Medicine

Conemaugh Physician Group - Breast Health

Conemaugh Physician Group - Cardiology

Conemaugh Physician Group - Cardiothoracic Surgery

Conemaugh Physician Group - Critical Care

Conemaugh Physician Group - Endocrinology

Conemaugh Physician Group - Gastroenterology

Conemaugh Physician Group - Medical Oncology

Conemaugh Physician Group - Neonatology

Conemaugh Physician Group - Neurology

Conemaugh Physician Group - Neuropsychology

Conemaugh Physician Group - Neurosurgery

Conemaugh Physician Group - Ob Gyn

Conemaugh Physician Group - Occupational Medicine

Conemaugh Physician Group - Pain Management

Conemaugh Physician Group - Physical Medicine and Rehabilitation

Conemaugh Physician Group - Pathology

Conemaugh Physician Group - Plastic Surgery

Conemaugh Physician Group - Surgery

Conemaugh Physician Group - Urology

Conemaugh Physician Group - Vascular Surgery

#### **Post-Acute Care**

Crichton Rehabilitation

Conemaugh Home Health

Conemaugh Transitional Care Unit

Conemaugh Hospice and Outpatient Palliative Care

MedCare DME

#### **Medical Staff**

Approximately 200+ additional independent physicians have privileges at one or more CHS hospitals.

## **Elderly Care**

## Adult Day Services- Home Nursing Agency

118 Ebony Road, First Floor Ebensburg, PA 15931 (814) 472-1282

## **Boswell Senior Center**

332 Stonycreek Street Boswell, PA 15531 (814)629-9926

## Cambria County Area Agency on Aging

Central Park Complex 110 Franklin Street, Suite 400 Johnstown, PA 15901 (814) 539-5595 or (877) 268-9463

## Cambria County Association for the Blind and Handicapped, Inc.

211 Central Ave Johnstown, PA 15902 (814) 536-3531

## **Cambria County Court House**

200 Center St Ebensburg, PA 15931 (814) 472-5440

## Central City Senior Center

103 Sunshine Avenue Central City, PA 15926 (814) 754-5615

## Conemaugh Township Senior Center

959 South Main Street Holsopple, PA 15935 (814) 479-2216

## **Confluence Senior Center**

700 Reynolds St Confluence, PA 15424

## **Cresson Senior Activities Center**

715 Front St Bldg. 715 Cresson, PA 16630 (814) 886-4147

## East Hills Senior Center

1425 Scalp Ave Ste 13 Johnstown, PA 15904 (814) 266-6040

## **Ebensburg Senior Center**

209 N Julian St Ebensburg, PA 15931 (814) 472-5226

## **Jackson Township Senior Center**

200 Adams Ave Mineral Point, PA 15942 (814) 322-3327

#### Johnstown Senior Center

550 Main Street Johnstown, PA 15901 (814) 535-8634

## Meyersdale Senior Center

120 North St Meyersdale, PA 15552 (814) 634-0713

## Nanty Glo-Area Senior Activities Center

119 Briar Court Nanty Glo, PA 15943 (814) 749-3152

## **Portage Senior Center**

505 Farren St Portage, PA 15946 (814) 736-4475

## Senior LIFE Ebensburg

429 Manor Dr Ebensburg, PA 15931 (814) 472-6060

## Senior LIFE Johnstown

401 Broad Street Johnstown, PA 15906 (814) 535-6000

## Somerset County Area Agency on Aging

1338 S Edgewood Ave Somerset, PA 15501 (814) 443-2681

## **Veterans Affairs**

@ Cambria County Courthouse (814) 472-1590

## Windber Senior Center

700 5th St Ste 200 Windber, PA 15963 (814) 467-5912

## Pregnancy/Women's Services

Women's Help Center Inc 809 Napoleon St Johnstown, PA 15901 (814) 536-5361

Women's Help Center Inc. 124 N Center Ave Ste 214 Somerset, PA 15501 (814) 443-2824

Maternal Addiction Resource Center (MARC) Conemaugh Memorial Medical Center - Medical Arts Building 1111 Franklin Street, Suite 030 Phone: (814) 534-MARC (6272)

PA Department of Health/ PA Department of Public Welfare/ Healthy Woman 1-800-215-7494 pahealthywoman.org

## Mental Health Counseling Services

ACRP 119 Walnut Street Johnstown, PA 15901

Adams Counseling Service 1100 W High St Ste 110 Ebensburg, PA 15931 (814) 471-9210

Bedford-Somerset M H & M R 245 W Race St FL 2 Somerset, PA 15501 (814) 443-4891

Behavioral Health of Cambria County 411 Main St Johnstown, PA 15901 (814) 534-4436

Behavioral Health Services 865 Eisenhower Blvd Johnstown, PA 15904 (814) 266-8840

Cambria County Mental Health 110 Franklin St # 300 Johnstown, PA 15901 (814) 535-8531

County of Cambria 110 Franklin St Ste 400 Johnstown, PA 15901 (814) 534-2800 Cambria Residential Services Inc 338 Bloomfield St Ste 100 Johnstown, PA 15904 (814) 266-1829

Cambria/Somerset Division of Easter Seal Western Pennsylvania 232 Walnut St Johnstown, PA 15901 (814) 535-5508

Choices Clinical Counseling 1360 Eisenhower Boulevard Suite 506 Johnstown, Pennsylvania 15904 (814) 746-4419

Conemaugh Counseling Associates 320 Main Street Johnstown, PA 15901 (814) 534-1095

Ebensburg Center RR 22 Box West Ebensburg, PA 15931 (814) 472-0200

Evansburg Center 210 4th Ave Hastings, PA 16646 (814) 472-7350

Family Behavioral Resources 417 Main St Johnstown, PA 15901 (814) 254-4502

Family Behavioral Resources, Inc.

306 Georgian Pl Somerset, PA 15501 (814) 444-0620

## Family Preservation SVC.

726 Franklin St Johnstown, PA 15901 (814) 536-6141

Family Therapy Services 307 Market St Johnstown, PA 15901

(814) 254-4351

## Flagship Rehabilitation

207 Ottawa St Johnstown, PA 15904

Harrington Psychological Counseling Association 2445 Bedford St Ste 100 Johnstown, PA 15904 (814) 254-4228

Independent Family Services Inc. 636 Scalp Ave Johnstown, PA 15904 (855) 291-4669

Jennifer Rowland Counseling Services, LLC 2447 Bedford St Ste 100 Johnstown, PA 15904

Life Changing Support Service Inc 401 Cypress Ave Johnstown, PA 15902

Lifestyle Support Services Inc. 1109 Deveaux St Elmora, PA 15737 (814) 948-6708

Michaela Counseling Service 127 Plane Bank Rd Lilly, PA 15938 (814) 736-3872

Nulton Diagnostic Treatment Center 531 N Center Ave Somerset, PA 15501 (814) 701-2357

Park Hill Med Center 1940 William Penn Ave Johnstown, PA 15909

(814) 322-1519

Pile Psychological Counseling Services 238 W Union St Somerset, PA 15501 (814) 443-1881

Senior Solutions Conemaugh Meyersdale Medical Center 200 Hospital Drive Meyersdale, PA 15552 (814) 972-6903

Westmont Family Counseling Ministries 789 Goucher St Johnstown, PA 15905 (814) 536-0798

#### **Detox/Inpatient Facilities**

- \*If no insurance coverage, must be evaluated by a case manager at local SCA to get approved for funding. If approved, they will then help with the referral. Cambria Co. SCA: #814-536-5388
- \*\*Each facility will check individual's insurance to determine benefits. In some cases, individuals must contact their own insurance for referrals due to coverage.

Cambria County Crisis Hotline: 1-877-268-9463

Butler Memorial Hospital: BHS Regional Recovery Center One Hospital Way Butler, PA 16001 (724) 284-4357

Conewago-Indiana (Inpatient Only) 2275 Warren Road Indiana, PA 15701 (724) 471-3037

Cove Forge (Detox/Inpatient) 202 Cove Forge Road Williamsburg, PA 16693 (800) 797-6237

Gateway Rehab (Detox/Inpatient) 100 Moffet Run Road Aliquippa, PA 15001 (412) 604-8900

Greenbriar (Detox/Inpatient, Outpatient located around Pittsburgh area) 800 Manor Drive
Washington, PA 15301
(800) 637-4673

Peniel Treatment Center 760 Cooper Avenue Johnstown, PA 15906 (814) 536-2111

Pyramid (Detox/Inpatient/Outpatient)

1894 Plank Road Duncansville, PA 16635 (888) 694-9996

Roxbury Treatment Center (Detox/Inpatient) 601 Roxbury Road Shippensburg, PA 17257 (717) 530-2206

Spirit Life 170 Fr. Martin Telenson Lane Penn Run, PA 15765 (724) 465-2165

Twin Lakes (Detox/Inpatient) 224 Twin Lakes Road Somerset, PA 15501 (814) 443-3639

#### **Local Medication Assisted Treatment Providers**

Accessible Recovery Services (Suboxone Treatment) 125 East Otterman Street Greensburg, PA 15601 (724) 591-5236

Alliance Medical Services (Methadone Treatment) 1425 Scalp Avenue #175 Johnstown, PA 15904 (814) 269-4700

Conemaugh Memorial Medical Center (Emergency Suboxone Treatment) Emergency Department 1086 Franklin St Johnstown, PA 15905 (814) 534-9000

Conemaugh Miners Medical Center (Emergency Suboxone Treatment) Emergency Department 290 Haida Avenue Hastings, PA 16646 (814) 247-3100

Conemaugh Meyersdale Medical Center (Emergency Suboxone Treatment) Emergency Department 200 Hospital Drive Meyersdale, PA 15552 (814) 634-5911

Dr. Joseph Sabo (Suboxone Treatment) 503 Railroad Avenue #4 Patton, PA 16668 (814) 674-6050

Family Medical Center (Suboxone Treatment) 1086 Franklin Street, E Building Johnstown, PA 15905 (814) 534-9106 Med-Tech (Methadone and Suboxone Treatment) 1984 Route 22 Blairsville, PA 15717 (724) 459-4884

Positive Recovery Solutions (Vivitrol - Mobile Unit) 378 West Chestnut Street, Suite 103 Washington, PA 15301 (412) 660-7064

Recovery Care (Suboxone Treatment) 203 East Patriot Street, Suite 100 Somerset, PA 15501 (855) 502-2273

SKS (Suboxone Treatment) 2001 Bedford Street Johnstown, PA 15904 (814) 266-1106

Suboxone Services of Cambria County (Suboxone Treatment) 1419 Scalp Avenue Johnstown, PA 15904 (814) 241-3649

Twin Lakes (Vivitrol) 224 Twin Lakes Road Somerset, PA 15501 (814) 443-3639

The Open Door (Suboxone Treatment) 665 Philadelphia Street, Suite 202 Indiana, PA 15701 (724) 465-2605

## **Local Outpatient Treatment Providers**

Independent Family Services (OP/IOP) 636 Scalp Avenue Johnstown, PA 15904 (814) 262-0007

New Visions Chemical Dependency Program (OP/IOP) DLP Conemaugh Memorial Medical Center 320 Main Street, Second Floor Johnstown, PA 15901 (814) 534-1627

Skills (OP and partial hospitalization services) 123 Main Street, Suite A Portage, PA 15946 (814) 713-8289

Twin Lakes - Bedford (OP/IOP) 9457 Lincoln Highway Bedford, PA 15522 (814) 623-7658/ (814) 623-1237

Twin Lakes – Ebensburg (OP/IOP) Cambria Office Tower 313 W. High Street, Suite 212 Ebensburg, PA 15931 (814) 472-7888

Twin Lakes - Johnstown (OP/IOP/PHP) 132 Walnut Street, Suite 401 Johnstown, PA 15901 (814) 535-8830

Twin Lakes - Somerset (OP/IOP/PHP) 224 Twin Lakes Road Somerset, PA 15501 (814) 443-3639

## **Harm Reduction Services**

Johnstown Free Medical Clinic/Highlands Health Harm Reduction Program

• Harm Reduction Services Monday afternoons from 1:00pm – 4:00pm.

## **Drug and Alcohol**

**Cambria County Single County Authority** 

110 Franklin Street Suite 200 Johnstown, PA 15901

(814) 536-5388

Somerset County Single County Authority

300 N Center Ave # 360

Somerset, PA 15501

(814) 445-1530

#### **Human Services – Basic Needs**

#### **INFORMATION & REFERRAL**

United Way of the Laurel Highlands 814-535-2563 Information & Referral Office 814-472-6784 814-445-6927 PA 2-1-1 – Simply dial 211 from your phone

#### **EMERGENCY SHELTER RESOURCES**

Next Step Center – Somerset Co. 814-444-8588 Martha & Mary House -Cambria Co. 814-254-4413 Women's Help Center 814-536-5361 (domestic violence only)

#### **EMERGENCY ASSISTANCE**

Catholic Charities 814-535-6538
Community Action Partnerships
Cambria County 814-536-9031
Somerset County 814-445-9628
County Assistance Offices
Cambria County 814-533-2491
Somerset County 814-445-1536
Salvation Army
Cambria County 814-539-3110
Somerset County 814-445-9232
St. Vincent DePaul 814-535-8521
United Methodist Human Services 814-539-2633

#### **FOOD RESOURCES**

For information about local food pantries contact: Food for Families 814-535-3315

#### OR

United Way of the Laurel Highlands 814-535-2563 Community Action Partnership Somerset 814-445-9628

#### **RENT/MORTGAGE ASSISTANCE**

Community Action Partnerships
Cambria Co. 814-536-9031
Somerset Co. 814-445-9628
County Assistance Offices
Cambria County 814-533-2491
Somerset County 814-445-1536
St. Vincent DePaul 814-535-8521
United Methodist Human Services 814-539-2633

#### **UTILITY ASSISTANCE**

Catholic Charities 814-535-6538 Community Action Partnerships Cambria Co. 814-536-9031 Somerset Co. 814-445-9628 County Assistance Offices Cambria County 814-533-2491 Somerset County 814-445-1536 Public Utility Commission 800-692-7380 Salvation Army Cambria County 814-539-3110 Somerset County 814-445-9232 St. Vincent DePaul 814-535-8521 United Methodist Human Services 814-539-2633

#### **LEGAL SERVICES**

Laurel Legal Services 814-536-8917 Southwestern PA Legal Services Inc. 814-443-4615

#### **MEDICAL SERVICES**

Johnstown Free Medical Clinic 814-534-6242 Somerset Free Medical Clinic 814-443-0508 Salvation Army Dental Center 814-262-8500

## **OTHER SERVICES**

Advantage Credit Counseling 888-511-2227

## **Hotlines**

## **Immediate Emergencies**

9-1-1

National Suicide Prevention Lifeline 1(800) 273-TALK (8255)

Addiction Help 1 (877) 855-3470

Mental Health Emergency 1 (855) CRISIS-1 (855-274-7471).

Statewide Central Intake Child Abuse Hotline 1 (855) 333-SAFE (7233) or #SAFE from a cell phone

Statewide Domestic Violence Hotline 1 (800) 334-2936

Missing & Endangered Persons 1 (800) 346-3243

National Human Trafficking Hotline 1 (888) 373-7888

National Suicide Lifeline 1 (800) 273-8255

Poison Control 1 (800) 222-1222

ASPCA Animal Poison Control Center (Fees may apply) 1 (888) 426-4435

## Sources

Wikipedia

https://en.wikipedia.org/wiki/Galax, Virginia

**Somerset County Website** 

http://www.co.somerset.pa.us/

RadioReference.com

https://www.radioreference.com/apps/db/?ctid=2931

Visit Galax.com

https://www.visitgalax.com/get-to-know-galax-blue-ridge-mountains/

**Heartland Hospice Care** 

https://www.heartlandhospice.com/Somerset

Somerset Area School District Website

https://www.sasd.us

Visit Pennsylvania Website

https://visitpa.com/pa/somerset

Somerset Hospital

https://www.somersethospital.com

Somerset Area Agency on Aging Website

http://www.somersetaaa.org/

Somerset County Chamber of Commerce

https://somersetcountychamber.com/

To update or add information, complete the form below	
Name of Organization:	
Contact Name:	
Phone #:	Fax #:
Email:	
Web page:	
Mailing	
List services:	
Please describe your organization's purpose, services, etc.	
Submit updated information to: marketing@conemaugh.org	

# **Community Health Needs Assessment for Cambria and Somerset Counties**

Conemaugh Memorial, Meyersdale, Miners Medical Centers, 1889 Foundation and United Way of the Laurel Highlands

in partnership with:

Stratasan







